



The American Legion Woodbridge Post 364

POST-O-GRAM SEPTEMBER 2008

“The Friendly Post”
3640 Friendly Post Lane
PO Box 2121
Woodbridge, VA 22195
(703) 494-4304
Web page: www.vapost364.org
Editor: John Scarry



Post Commander
Laura Horner
Auxiliary President
Raye Ferrington
SAL Commander
Eric Horner

COMMANDER’S ARTICLE

Hello once again my fellow Legionnaires. As you know we are well into August and the summer is almost gone. Just as always the Legionnaires are busy during great things

Congratulations to Chaplain Scott Burgess and Tom Wheatley both graduated from the Department of Virginia Leadership College and passed the Basic Service Officer Training Course. Again Congratulations to you both and thanks for your hard work and dedication

NATIONAL POW/MIA RECOGNITION DAY- Friday September 19, 2008, at 6:30 there will be a Ceremony held at the Post. Please mark your calendar and come out.

Department Fall Golf Tournament is October 17, 18 and 19, 2008 please don't forget to sign up so that you can go and get your golf game on. The Sign up sheet is at the post.

Free Prizes at Membership meeting
General Member Meetings are held the third Tuesday of each month at 7:30 PM. Laura Horner the Commander will be posting a Military Trivia question on the wall. Each member in attendance will be able to answer the question and be entered into a drawing. The first person's name who is drawn and has the correct answer will win the monthly prize. The prize will be different each month but may include, free dinners, drinks, or event tickets. Etc.. Come out for a chance to win one of the Commanders prizes. Additionally, you will learn the things your Post Officers and Committee Chairmen are planning.

Volunteer of the Month

This months Volunteer of the month is Merle Bevenour. Merle never says much, he is a very easy going person, but is a very nice person. Merle is very old school- he let his actions speaks for him. (Actions speak louder than words). Each month 4th July Picnic and doing other events when and here he can. Merle has worked almost every Sunday and Monday Bingo. Merle is always working in the kitchen at Friday Night Dinners, Thanks Merle for all you do

Respectfully
Yours in Service
Commander



Commander Post 364 - Laura Horner



Auxiliary President - Raye Ferrington

Well, it's September and the children are back to school. It has been a busy and productive summer, but fall will soon be with us. Don't know about everyone else, but fall is my favorite time of the year and I, for one, will be grateful for the cooler weather.

I would like to thank everyone that participated in the back-to-school drive and school supplies distribution. Kara Byrd did an outstanding job again this year. Kara is the Chair of the Children & Youth Programs for both the Legion and Auxiliary - double duty - and her commitment and passion for this job is evident. Thank you to the entire bingo loyalist who brought so many wonderful school supplies to us for distribution. We could not do this event without you and we are grateful. Great job, everyone.

Please come out and join us on Friday, September 19 for the POW/MIA Recognition Ceremony. This is one of the most important events that we have at Post 364 and it is something that everyone should attend, if they can. The Legion Family has worked very hard this year to ensure that this is another memorable event. The ceremony begins at 6:30 under the picnic pavilion. Sara has graciously extended dinner hours that night to allow people to have dinner after the ceremony if they do not get a chance to eat beforehand. After dinner, the Post will have its regular karaoke night, so this is a night NOT to miss at Post 364. A lot of Legionnaires, Auxiliary members and Sons of the American Legion have put much time, effort and love into making this a very special night. Please come out and show that we will NEVER FORGET those who have not yet been accounted for.

Everyone is wondering when we will have our fall bus trip. I can tell you that plans are under way to have a trip of some kind. It will most likely be in late October or early November this year. We've had a little difficulty in getting our plans together, but we WILL have a trip. Your patience is appreciated as we get our plans organized.

It's membership renewal time, ladies! Even though you may not have received your official renewal notice from National (they should be coming some time this month), you can still pay your dues and get the ever-important early bird stamp on your 2009 membership cards! Dianne Cabot is membership Chair this year. If you would like to send in your membership dues right away, please send them to American Legion Auxiliary, PO Box 6424, Woodbridge, VA 22195, attn: Dianne Cabot. The Legion has a very aggressive membership drive going and we canNOT let them pull so far ahead of us! Let's get those membership renewals in and make this a REAL race!

The Auxiliary Red, White and Beautiful Lady for August is Diane Clark. Diane has stepped up through the rushing waters to help us so many times this month. Her sincere smile, helping hand and humble grace have come to the rescue in time of need and for that, we are all very grateful. Please let Diane know how much we love her and appreciate her help. Give her a big Red, White and Beautiful salute and thank her for all she does for this wonderful Unit.

Looking ahead: Children's Halloween party (Oct. 25 11AM - 2PM); Fall Department Conference (Oct 31 - Nov. 2, Hampton, VA).

My very best to everyone. Have a great September and we'll chat next month!

Raye

Just Something to Think About

By Dusty Roads

It wasn't that many weeks ago that the CH-46E helicopter that I was a passenger on set down on the outskirts of Garmsir District of the Helmand Province in Afghanistan. During the flight in we were traveling north along the Helmand River. Water is life in the desert as evidenced by lush trees, fertile farm fields and the small cities and towns that sprawl out to a distance of seven or eight miles from the river banks; beyond that nothing but hot, dry and barren desert as far as the eye can see.

Despite the remote combat location I felt fairly secure once again being in the company of the 24th Marine Expeditionary Unit. Some of the faces I recognized from a past visit, and then a couple battle worn faces of old friends whom I had the privilege of sharing a canteen with during a couple campaigns of years past.

A young staff sergeant led me from the LZ to where I would be quartered during my brief stay. I guessed that one to one and a half days would be enough time to get the information I needed and to catch the red eye express home. After getting settled into a primitive hooch and donning the uniform of the day, along with the required equipment to complete the ensemble, I was led to the chow hall for one of those meals you never tend to forget.

Once through the line I sat at a table with several young Marines that had just come in from the field. They spent some time explaining their view of the current mission in great detail. For those not familiar with the area, Garmsir was a stronghold that allowed safe passage for insurgent equipment and reinforcements going in and out of Afghanistan. Every now and then the Marines would snag someone who they believed to be a person of interest which is what interested me.

We also talked about things “back home” and what’s going on in the states. We spoke about the upcoming election and who the candidates for each of the political parties might turn out to be. I shared a couple of Hillary jokes and got a knee slapping laugh out of them. They each told me whom they would be voting for. This left quite an impression on me, knowing fully, that they would more than likely still be in the middle of the dessert on Election Day.

But as each of them spoke, I was hearing a common theme among all of them. If it were that political candidate sitting in that chow hall, at that lone outpost in the middle of the dessert he would hear many voices in unison reciting, “We are proud to serve and protect our nation, our constitution our way of life....please support us in our task”.

Two days later I had completed my mission and gotten my gear together for a quick exodus the next morning. I went out to look up an old friend of mine who I was told was also on-station. While walking, I came across one of the guys I broke bread with on my first day there. We sat down on a bench and he requested to speak freely with me. I gave him the nod and he continued with genuine concern on his face. “I have become aware of the freedoms that we enjoy in the United States through the eyes of the people that we are fighting for, and am just now seeing what a democracy brings to their lives”. I couldn’t believe such a profound insight was coming from this young Staff Sergeant.

He voiced his concern regarding the candidates in the upcoming presidential election and wondered if the support the troops enjoyed in the past would be

present in the coming years. I could only console him with the fact that he had to have faith in the citizens of our country in letting their voices be heard on Election Day, and that they were all behind him and all of his Marines in providing them with what they needed to get the job done. With that I shook his hand and we parted ways.

I sit here now, in retrospect, and try to think of what more can I do today to set his mind at ease. I guess the biggest impact I could make right now is to deliver this message to you. We enjoy freedoms that are beyond that of any other country on this great earth. These freedoms are exercised in our daily way of life here in America and therefore, we always don’t appreciate what a great thing we have.

I often sit at the Post and engage in idle chatter with my friends discussing politics, religion, or whatever trivial issue comes to mind without consequence. We come and go as we please and practice the religion of choosing without government intervention. But what are we really about as an organization and what can we do to make the greatest impact in the support of our troops?

I recall a profound statement from that young Marine uttered not that long ago, and in reflection, must say that we have a duty to our country and to those that serve in our armed forces to exercise the greatest of our constitutional rights....let your voices be heard Vote for the candidate of your choosing. For a candidate who’s values and ideals reflect the support you would like to see for our American fighting men and women past, present and future.

I am not endorsing any particular candidate, but rather asking my fellow veterans to take the initiative by exercising your voting rights and encourage others to do the same. I ask that you research the issues and become informed of what each of the candidates represent. Become involved in any way possible to ensure that our freedoms are perpetuated for the generations to come.

I would like to run across that young Marine again one day. I would like to shake his hand and think him for his service and his insight. I would also like to tell him that he can stand at ease, because we have taken the initiative in assuring he has the support of a proud and grateful nation.

Educate and inform the whole mass of people...They are the only sure reliance for the preservation of our liberty. Thomas Jefferson

TRULY GOOD SAMARITANS

By Karen Monk

This story is a little homage to a tiny town in PA. Slim and I packed up his '02 Intruder motorcycle, "Betty", for a camping weekend in PA. We met up with some friends to spend the day at the Gettysburg Bike Week. After an agreeable night camping at the KOA Gettysburg, Slim and I headed for some wilder country for some fishing and hiking. We took a wrong turn in this little town (we were looking for the American Legion) and found ourselves going up a mountain road covered with gravel. Slim somehow managed to slip while turning around and dropped the bike on his left foot, causing multiple fractures. After 15 minutes of waiting for someone to drive by to help us get the bike upright, a young man stopped by, helped us right the bike and drove me to THE AMERICAN LEGION POST 556, while Slim followed with Betty, his bike, (as best as he could). At the Post they patched up my road burn. Being in the mountains, there is no cell phone service and the Post did not have long distance service. Since it was a Sunday there was no way to rent a truck; we were stuck. All attempts to try to ride out of there were fruitless (Slim could up-shift with his heel but it was too painful to downshift). The people at the Post rallied to our cause. They drove us to a restaurant to eat, helped set up our tent in the Post's pavilion and promised to show up the next morning at 8 AM. The next morning with coffee, home-made banana bread and sweet rolls in hand, ten people showed up, loaded "Betty" on Dan and Bonnie's pick-up and they drove us back to Rockville!! "Betty" is now back home in the driveway, Slim has a cast on his foot, and we have a number of new and wonderful friends.

THANK YOU POST 556, SIX MILE RUN, PA

From the Chaplain

"This is the day the Lord has made, we will rejoice and be glad in it" (Psalm 118:24).

Every day that we are given is a precious gift from Almighty God. We should wake up every morning with a grateful attitude, full of faith and expectancy for what the Lord has in store for us. Sure, we may be facing some challenges in our every day life, or maybe things aren't going the way we planned, but remember, each new day is a chance to stand strong in the midst of adversity and see the faithfulness of God. Every new day is an opportunity to praise and thank Him; to magnify our God instead of magnifying our own problems. This is the day that the Lord has made, let us rejoice and be glad in it! Be glad that God has

promised to never leave us or forsake us. Be glad that God has given us a sound, healthy mind. Rejoice that He is making a way where there seems to be no way! As we focus on the gift of every day and rejoice in what God has done in our lives, we will begin to experience His increase and blessings. We'll rise up higher and set the course to live in victory all the days of our lives!

Should any one need to reach me my e-mail is burgesscable@aol.com and my cell number is 703-901-1321.

Please inform me if you know of any member or their immediate family of being ill so I may send our prayers and blessings, or of any one just wanting or needing an extra prayer.

Yours in Faith,
Scott F. Burgess, Chaplain



Are You an Early Bird Renewal?

Post 364 Membership Chairman – Daniel Eubank

Thanks for all of the support that we are receiving for our 2009 American Legion membership renewals. The official Department Standings, dated 08-13-08, show Post 364 at 63% of goal with 665 out of our 1,059 members renewed. We are currently at the top of District 16 for the total number of renewals, and have successfully achieved our first milestone, the "Cardinal Award", which is awarded for 35% renewal by August 6th as well as our second/third milestone, the "Jefferson Award" and "Jamestown Award" which are awarded for 50% renewal before September 3rd, and 55% renewal before October 1st. Most of the Department membership awards are based upon early 2009 renewal by our members. The District 16 goal for us at Post 364 is 100% of our 2009 goal by December 31st 2008! We are over half way, but it will take an effort from all of you to do this. Please help us achieve this goal by making the effort and renewing now. D.D.E.

Post 364 on Comcast

Beginning in August 2008, Post 364 has begun placing advertisements on Comcast Public Access Channel 2. Our main ad for Post 364 is in the "Civic Section". We

also have also have placed ads for special events such as "Slim Fellows and the Ramblers" which ran in the "Arts Section" through August 29th 2008. The POW/MIA Ceremony ad below will run through September 19th, 2008. D.D.E.

American Legion Post 364
3640 Friendly Post Lane Woodbridge, VA
703-494-4304



POW / MIA Ceremony
September 19th at 6:30 PM
in our Outdoor Pavilion

The public is invited
to come and
"Ensure that They are
not Forgotten"

On the Web at : www.vapost364.org

September 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7:15 PM BINGO Team 8	2 Executive Meeting 7:30 PM	3 Boy Scouts 7:00 PM	4 Junior Shooter 7:00	5 5:30 – 7:30 PM Post Dinner	6
7 2:00 PM BINGO Team 1	8 7:15 PM BINGO Team 2	9 Auxiliary Executive 7:30 PM	10 Boy Scouts 7:00 PM	11 Junior Shooter 7:00	12 5:30 – 7:30 PM Post Dinner	13
14 2:00 PM BINGO Team 3	15 7:15 PM BINGO Team 4	16 Membership Meeting 7:30 PM	17 Boy Scouts 7:00 PM	18 Cub Scouts 7:00	19 5:30 – 7:30 PM Post Dinner Karaoke	20
21 2:00 PM BINGO Team 5	22 7:15 PM BINGO Team 6	23 Auxiliary Membership Meeting 7:30	24 Boy Scouts 7:00 PM	25 Junior Shooter 7:00	26 5:30 – 7:30 PM Post Dinner	27
28 2:00 PM BINGO Team 7	29 7:15 PM BINGO Team 8	30				

October 2008 American Legion

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Boy Scouts 7:00 PM	2 Junior Shooter 7:00	3 5:30 – 7:30 PM Post Dinner	4
5 2:00 PM BINGO Team 1	6 7:15 PM BINGO Team 2	7 Executive Meeting 7:30 PM	8 Boy Scouts 7:00 PM	9 Junior Shooter 7:00	10 5:30 – 7:30 PM Post Dinner	11
12 2:00 PM BINGO Team 3	13 7:15 PM BINGO Team 4	14 Auxiliary Executive 7:30 PM	15 Boy Scouts 7:00 PM	16 Cub Scouts 7:00 PM	17 5:30 – 7:30 PM Post Dinner Karaoke	18
19 2:00 PM BINGO Team 5	20 7:15 PM BINGO Team 6	21 Membership Meeting 7:30 PM	22 Boy Scouts 7:00 PM	23 Junior Shooter 7:00	24 5:30 – 7:30 PM Post Dinner	25
26 2:00 PM BINGO Team 7	27 7:15 PM BINGO Team 8	28 Auxiliary Membership Meeting 7:30	29 Boy Scouts 7:00 PM	30 Junior Shooter 7:00	31 5:30 – 7:30 PM Post Dinner	

Post 364 Calendar 2008-2009

Assumptions:

Bingo Every Sunday 2 PM and Monday 7:15 PM throughout the year.
Executive Meeting on the first Tuesday and Membership Meeting on the third Tuesday of each month at 7:30 PM
Auxiliary Executive Meeting on the second Tuesday and Auxiliary Membership Meeting on the fourth Tuesday of each month at 7:30 PM
SAL meeting third Sunday of each month at 6:00 PM
USMVMC 2nd and 4th Sunday of each month 6:00 PM
Post Dinners on Friday evenings in the hall 5:30 PM to 7:30 PM
Boy Scouts on Wednesday evenings each week at 7:00 PM
Junior Shooters on all Thursdays but the third at 7:00 PM with no meetings in July and August
Cub Scouts on the third Thursday of each month at 7:00 PM

Calendar:

Labor Day Picnic - September 1st 12 PM to 4 PM
POW/MIA Recognition Day Ceremony - September 19, 2008 at 6:00 PM
Department Fall Golf Tournament October 17, 18, 19, 2008
Post Cleanup - Oct 18, 2008 at 0800 AM
Fall Department Conference – October 31- November 2nd 2008 in Hampton, VA
Halloween Party for Children 11 AM to 2 PM – October 25, 2008
Halloween Party for Adults – evening October 25, 2008
Auxiliary Poppy Distribution - November 8, 2008
Ceremony at Quantico National Cemetery 11 AM, November 11, 2008
Veterans Day, Post Lunch 12 PM – November 11, 2008
Post 364 Blood Drive - November 15, 2008
Operation Turkey Food Distribution - November 20-22nd 9am to 1pm (Will pick one or two days)
Seniors Thanksgiving Dinner at Post – November 22, 2008 1 PM to 4 PM
Thanksgiving Day Dinner at Post - November 27, 2008
Toys for Tots –December 6, 2008
December 13th - Children's Christmas Party 11 AM to 2 PM
Legion & Auxiliary Joint Meeting / Christmas Party - Dec 16th
New Year's Eve Dinner Dance – December 31, 2008
Post Oratorical Contest January 10th, 2009 12 PM

Auxiliary Americanism Dinner Feb 6th, 2009
Valentines Day Dance (Aux Dinner) – Feb 14, 2009
Girls State Interviews – February 21st, 2009
Broger Bowling Tournament – February 21st, 2009
Mardi Gras – February 28th, 2009
Boys State Interviews Post 364 – March 7th, 2009
Boys &/or Girls State Interviews Snow date - March 14th
Department Spring Conference March 20-22nd Virginia Beach
Post 364 Blood Drive – April 4th, 2008
Children's Easter Party - April 11, 2009
Auxiliary Atlantic City Bus Trip - April 18th, 2009
Post Cleanup – 0800 AM April 25, 2009
Bingo Workers Appreciation Dinner May 15, 2009
Post 364 Officer Elections – May 19th, 2009 7:30 PM
Memorial Day Picnic at McGuire Veterans Hospital – May 23rd
Auxiliary Poppies Distribution – May 23th, 2009
Ceremony at Quantico National Cemetery 11 AM – May 25, 2009
Memorial Day Picnic at the Post – May 25, 2009 at 12 PM
Auxiliary Officer Elections – May 26th, 2009 7:30 PM
Commander and Presidents Appreciation Picnic June 13th, 2009 at 12 PM
Flag Day Ceremony – June 14th, 2009 5:00 PM
Post 364 Officer Installation – June 27, 2009

The following items have tentative or unknown dates:

Auxiliary Atlantic City Bus Trip - TBD
Prince William County Regional Chamber of Commerce Annual Valor Awards – last week of March or first week of April 2009
Department Spring Golf Tournament 27, 28, 29, March 2009
Killer Bee/Guppy Tournament(s)



Sunday Sales start 1:00

BINGO TEAMS

Monday Sales start 6:15

Warren DiPerna Bingo Manager - 571-239-7556

Team 1, 2 Bingo Manager, Daniel Eubank 240-993-6916

Team 3, 4 Bingo Manager, Mike Hoskey 571-722-9892

Team 5, 6 Bingo Manager, Harley Horner 202-345-1316

Team 7, 8 Bingo Manager, Scott Burgess 703-901-1321

<p>Team 1 SUN Bob Fitzgerald (TC) 540-226-9530 Renee Beck (C) 540-226-9530 Denise Galligan 703-339-7404 Sy Horowitz 703-670-8325 Jim Koerber 571-722-8488</p> <p><i>Addie Horowitz 703-670-8325</i></p>	<p>Team 2 MON Dan Eubank (TC) 240-993-6916 Raye Ferrington (C) 703-924-1150 Randy Bower 703-494-1910 Anne Bower 703-494-1910 VACANT _____</p> <p><i>Barbara Stevenson 703-670-8750</i></p>	<p>Team 3 SUN Dan Condon 703-919-6227 Jack Roach (C) 703-901-2815 Meryl Bevenour 703-897-0398 VACANT _____ VACANT _____</p> <p><i>Kathy Roach 703-901-2815</i></p>	<p>Team 4 MON Gary LaPore (TC) 703-303-0759 Ed Graham (C) 804-301-3610 Ted Zeunges 703-583-4966 Mel McGee 703-472-9157 VACANT _____</p> <p><i>Barbara Stevenson 703-670-8750</i></p>
<p>Team 5 SUN Matt Peters (C) 703-680-047 Thom Karlson 703-730-2172 Adrian Petrescu 703-590-1032 Doug Caskey 703-897-1140 VACANT _____</p> <p><i>Dianne Clark _____</i></p>	<p>Team 6 MON Raye Ferrington (TC) 703-924-1150 Pete Turner (C) 703-680-3068 Laura Horner 703-878-2131 Jack "Ski" 571-594-0839 VACANT _____</p> <p><i>Barbara Barnes 703-670-0753</i></p>	<p>Team 7 SUN Cal Albers(TC) 703-670-9815 Scott Burgess (C) 703-901-1321 Chris Thomaidis 703-232-0956 VACANT _____ VACANT _____</p> <p><i>Mary DiPerna 571-239-7555</i></p>	<p>Team 8 MON (TC) Karen Monk (C) 703-791-6401 USMV USMV USMV</p> <p><i>Vacant</i></p>

**The American Legion
 Woodbridge Post 364
 P.O. BOX 2121
 Woodbridge, VA 22195
 (703) 494-4304**

NONPROFIT ORG
 U.S. POSTAGE PAID
 WOODBRIDGE, VA
 22192
 PERMIT NO. 10

**Friday Night Dinner
 5:30 – 7:30**

All specials are \$8.00, except Steak \$12.00.

Regular Menu consists of the following:

Beer Battered Cod	\$8.00
Butterfly shrimp	8.00
Scallops	8.00
Spaghetti	6.50
Steak	12.00
Hamburger w/FF	4.00
Cheeseburger w/FF	5.00

Choice of Baked Potato or French fries
 Choice of veggie
 Salad Bar

Child's menu:

Spaghetti	\$3.00
Wing Dings w/FF	\$ 3.50
Chicken Tenders w/FF	\$ 3.50

Post Lounge



Hours of Operation

Sat----- 2:00 PM - 1:00 AM
 Sun----- 12:00 PM - 10:00 PM
 Mon----- 3:00 PM – 11:00 PM
 Tues -Thu-- 3:00 PM - 10:00 PM
 Fri----- 3:00 PM - 1:00 AM

FRIENDLY HOUR

**Monday Thru Friday
 3:00 - 7:00**

Directions to Post Home

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2nd Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner)

to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1st street on right)

Turn Right on Friendly Post Lane

**Welcome to our
 Post Home**