



The American Legion Woodbridge Post 364

POST-O-GRAM JULY 2008

“The Friendly Post”
3640 Friendly Post Lane
PO Box 2121
Woodbridge, VA 22195
(703) 494-4304
Web page: www.vapost364.org
Editor: John Scarry



Post Commander
Thom Karlson
Auxiliary President
Mary DiPerna
SAL Commander
Matt Peters

Post 364 Flag Day Ceremony

At 12 PM on Flag Day, 14 June 2008, a ceremony was held at the Post 364 Pavilion.

Daniel Eubank read the following:

**The U.S. flag is a symbol
Of what Americans treasure;
It represents the values
We cherish beyond measure.
Our flag flies high for freedom,
For legal equality,
For Constitutional rights,
And justice for you and me.
Our flag flies high for bravery,
The courage it takes to fight
And even give our lives
For what we know is right.
Our flag flies high for compassion;
We quickly help those in need;
When there's a need for service,
Americans take the lead.
The American flag is an icon,
Representing the American way;
Our hearts swell with emotion,
When we see it ripple and sway.**

Mary DiPerna opened with prayer.
Ed Graham did a flag day reading.
The Retirement of Old Colors Ceremony was performed.
The scouts helped to unfurl and retire the large quantity of unserviceable “colors”.

Thanks to:

Mary DiPerna – acting Chaplain
Daniel Eubank – acting Sgt-At-Arms
Thom Karlson – Post 364 Commander
Scouts:
Andrew Lindsay - Troop 1367
Jason Nash - Troop 1367
Chris Bender – Troop 1085
Nina Lindsay – Girl Scout Troop
Mike Novachek – Troop 1367

And to all of those that attended and helped.





Commander
Thom Karlson

Post 364

COMMANDER'S ARTICLE

The 2007-2008 Legion year has ended with the installation of new officers on 28 June 2008. My congratulations to Laura Horner for being selected as our new commander. Please give her the same outstanding support you gave me through the year.

This past year has been a great experience for me. I believe I am leaving the Post better than when I took office last year.

We accomplished many things and completed many of the programs that have become a mainstay of our post. We provided toys to needy children at Christmas through Toys for Tots, Thanks to Marcia Wheatley. We awarded scholarships to deserving high school students and sent more than 20 boys to Boys State this year, Thanks to Kara Byrd and Marti Rhynes. The service officer processed 32 VA claims during the past year and all that have completed the review process have been approved. Thanks to Ed Graham. We provided a cookout and donations to the McGuire VA Medical Center, Thanks to Ray Rhynes. Our Junior Shooters Program competed at the State level this year, Thanks to Jimmy Gilbert, and the JROTC instructors at Woodbridge High School. We held a fundraiser for the Landstuhl Hospital Care Project and raised over \$6000 donors for this very worthy cause, Thanks to my all the ladies of the Auxiliary for making that event special. We sent care packages to our troops serving overseas in combat zones, Thanks to everyone who assisted. This is just a sampling of all the accomplishments we had this past year. There is not enough room for me to recap every thing we did.

Revenue was up and expenses were down. We were able to transfer a total of \$70,000 towards our building fund.

As far as my future with the American Legion, I will not be slowing down too much. I will be the Chairman for VAVS programs helping veterans in need. I have also been selected to serve as a Vice Commander for the 16th District. It is a position I am honored to serve.

Since this is my farewell article I must single out two people for special thanks for without them the past year would not have been as successful as it was. The first is Auxiliary President Mary DiPerna. Mary and the ladies of the Auxiliary have been there and come through for the Legion every time I have asked for assistance. Our social events and our programs have been greatly enhanced thanks to Mary and the Ladies Auxiliary. I don't know where we would be without them.

The other is my dear wife Sherry. She has been beside me every step of the way. She has stepped out in front when needed and stayed behind me when necessary but always beside me supporting me. She has been a confidant and advisor and I can not say THANK YOU enough. She has been actively involved in the Post longer than I have. She has done many great things for the Post, not for recognition but because it is the right thing to do. Nobody can pull off a fundraiser like she can. It is for these reasons and many more that I have selected her as this years "Honorary Legionnaire". Thank you for all that you do for me.

. VOLUNTEER OF THE MONTH

My final selection of volunteer of the month is the newly elected 1st Vice Commander, Dan Eubank. Dan did an outstanding job putting on the Flag Day Ceremony and has assumed the role as a Bingo Manager. As I said many times in the past Bingo is our lifeblood. Without the Bingo program we would not be able to do all the programs we do for the veterans, children and the community in general.

Thanks Dan and keep up the good work.



Auxiliary President

Mary Diperna

Hi Everyone,

WOW!!!! Last year when I said that when I started my speech I didn't know what a WOW year it would be. I thank you all for making it a great year for the community, the children, the Veterans here and far, and especially for me.

Unity was my goal for the year. In order to achieve that goal I invited new members and old members who haven't been out in a while to come out and get involved. I thank those who did.

I adopted a theme for the year of butterflies. There is nothing more beautiful than a butterfly, except for a group of beautiful women, trying to make their unit the best that it can be. We had butterflies flying at all our meetings many of our events throughout the year and I called our volunteer of the month, the butterfly of the month. The butterfly award had a picture to help them remember their contribution, but the memory of them fluttering around during the meeting will be a memory which will last a life time. Everyone anxiously waited to know who would be the next butterfly. I believe this program helped bring this unit together. I know it sure brought laughter to the meeting watching the newest butterfly flutter around the room to be presented her award.

The butterfly is a symbol of hope and I know I brought that to the auxiliary this year.

We had fun at our meetings but we accomplished a lot while enjoying ourselves. We have a lot of strong willed independent women in this Unit with a lot of talent who worked together with unity and made a successful year.

"Unit Unity" was fostered and displayed at all Unit functions. This team work was evident in our Seniors Thanksgiving Dinner where Unit members prepared and served an excellent Thanksgiving meal and

provided entertainment by singing for our seniors. Toys for Tots were again a resounding success based on our unit's togetherness. Our Valentines Day Sweethearts for Heroes fund raising dance for Landstuhl Hospital Care Project was fun for all and raised over \$6,000 for this worthwhile cause. The Relay for Life 24-hour walk for cancer research again brought together the Unit to show what we can really do when we work together in unity. The year would not be complete without our annual Memorial Day Picnic at McGuire Hospital which served 200 veterans and family members. Smiles were seen on all veteran's and volunteer's faces. This event continues to be one of our most enjoyable and rewarding endeavors.

Many thanks to my Past Presidents, My officers, My Chairman, and even the ladies who came just to sit in on a meeting. There is one lady I need to thank from the bottom of my heart and that's my Aide Diane Clark. Thank you Diane.

Thank you Commander for being "My Commander" and Sherry for letting me have him for this year.

The one person I could not have gone through this year without was my one and only Warren. He was my rock. There are not any words that I can say to explain what Warren went through this year. It is not easy being married and in love with the Unit's President and put up with all her moods. Thank you honey for being there every time I needed anything. I am now yours and yours alone. I love you.

I would like to thank you from the bottom of my heart for the opportunity to serve as President. I hope I made you as Proud of me, as I am tonight standing here as the newest "IPUP"(Immediate Past Unit President).

God Bless
Mary

Auxiliary Dinners

Thursday Night Dinners are back beginning on January 3rd. If you would like to volunteer to cook on any Thursday please call Sherry at (703) 819-8376 or email her at boydsbears@comcast.net.

New Commander

At the General Membership Meeting in May, Laura Horner was unanimously elected as our Post 364 Commander for the upcoming Legion year 2008 – 2009. She has been one of our most active members, serving as Oratorical Chairperson for the Post and District, Blood Donor Chairperson, Chaplain, and 1st Vice Commander, as well as one of the reliable volunteers for most Post events, along with her husband Harley, son Eric, and Daughter Charshalla. Laura is a strong, capable Leader. A Personnel Security Specialist assigned to the Joint Staff. We look forward to a very progressive, productive, and fun year with Laura

"Hello" from Unit 364 Incoming President

Happy summer everyone! Just like a bad penny, I have turned back up!

I am very honored to have been elected to serve as the Unit President again this year. It was so much fun last time that I just couldn't think of anything I would rather do than come back again! LOL

My sincere congratulations to Mary for this past year as President. We simply could not have had a more loving, devoted and effective President than she. This past year was one of the happiest and most fulfilling that I have yet had with the Auxiliary and it is, in very large part, due to Mary's commitment and love of the Auxiliary. She is a very VERY hard act to follow. ...but the Unit is riding on a wave of success and dedication that she produced, so I am going to ride it on!

Please let me know if there is anything that I can do to make your year with the Auxiliary more meaningful, interesting and most of all - FUN! I am always here to serve.

My best --Raye

"2008/2009 Membership Renewal" By Daniel Eubank, 2008/2009 Post 364 Membership Chairman

American Legion Post 364 will be kicking off its Membership drive for the 2008/2009 year during the Annual 4th of July picnic.

The cost of the picnic is \$5.00 per person, but is FREE with membership dues renewal. Renewal for the 2008/2009 year will be \$25.00.

Current members of Post 364 will be pleased to find an expedited processing during the 4th of July membership drive with their pre-printed membership cards fully ready for signatures. Ed Graham and Laura Horner will be helping and after payment and card signatures. Each new or renewing member will get their membership card sealed in plastic at no additional cost.

New membership is the lifeblood of any organization. I would like to challenge each and every member of Post 364 to recruit at least one new member during this next year. The value of just one new service veteran and their families among us is incalculable. The first step is to place a blank American Legion Membership Application form into your wallet or purse. It will then be there when you need it.

Thanks for everyone's support! We are going to work our way towards turning in 100% of our Post 364 Legion Family membership for the 2008/2009 year at the Department convention in July 2009.

Over the next few months I will try to share with each of you via the POG, some of the benefits that your membership in the American Legion qualifies you for!

From the Chaplain:

“Whatever is true, whatever is honest, whatever is just, whatever is pure, whatever is lovely, whatever is kind, if there is any virtue, if there is anything worthy of praise, think on these things” (Philippians 4:8).

What you think about determines the quality and direction of your life. People who think positive, uplifting thoughts have happier, healthier, longer lives. They are less stressed, more vibrant and enjoy better sleep. The scripture encourages us to think on good things, things that are true, noble and lovely. When we fix our mind on noble things, we close the door to negative voices and open our hearts to allow God to work in our life. When we choose to fix our minds on good things, and confess God’s promises over our lives and declare His blessings on a daily basis, we will rise higher in every area of our lives. We will be filled with His peace and victory, and we will see every dream and desire in our hearts come to pass.

Should any one need to reach me my e-mail is burgesscable@aol.com and my cell number is 703-901-1321.

Please inform me if you know of any member or their immediate family of being ill so I may send our prayers and blessings, or of any one just wanting or needing an extra prayer.

Yours in Faith
Scott F. Burgess
Chaplain

Post Everlasting:

Our Heavenly Father in His infinite wisdom has transferred Past Commander Daniel Russell Hunt to the jurisdiction of the Post Everlasting of the American Legion on June 21, 2008. May his soul rest in Peace.

July 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Executive Meeting 7:30 PM	2 Boy Scouts 7:00 PM	3 Junior Shooter 7:00	4 Picnic	5
6 2:00 PM BINGO Team 7	7 7:15 PM BINGO Team 8	8 Auxiliary Executive 7:30 PM	9 Boy Scouts 7:00 PM	10 Junior Shooter 7:00	11 5:30 – 7:30 PM Post Dinner	12
13 2:00 PM BINGO Team 1	14 7:15 PM BINGO Team 2	15 Membership Meeting 7:30 PM	16 Boy Scouts 7:00 PM	17 Junior Shooter 7:00	18 5:30 – 7:30 PM Post Dinner Karaoke	19
20 2:00 PM BINGO Team 3	21 7:15 PM BINGO Team 4	22 Auxiliary Membership Meeting 7:30	23 Boy Scouts 7:00 PM	24 Junior Shooter 7:00	25 5:30 – 7:30 PM Post Dinner	26
27 2:00 PM BINGO Team 5	28 7:15 PM BINGO Team 6	29	30 Boy Scouts 7:00 PM	31 Junior Shooter 7:00		

August 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 5:30 – 7:30 PM Post Dinner	2
3 2:00 PM BINGO Team 7	4 7:15 PM BINGO Team 8	5 Executive Meeting 7:30 PM	6 Boy Scouts 7:00 PM	7 Junior Shooter 7:00	8 5:30 – 7:30 PM Post Dinner	9
10 2:00 PM BINGO Team 1	11 7:15 PM BINGO Team 2	12 Auxiliary Executive 7:30 PM	13 Boy Scouts 7:00 PM	14 Junior Shooter 7:00	15 5:30 – 7:30 PM Post Dinner Karaoke	16
17 2:00 PM BINGO Team 3	18 7:15 PM BINGO Team 4	19 Membership Meeting 7:30 PM	20 Boy Scouts 7:00 PM	21 Junior Shooter 7:00	22 5:30 – 7:30 PM Post Dinner	23
24 2:00 PM BINGO Team 5	25 7:15 PM BINGO Team 6	26 Auxiliary Membership Meeting 7:30	27 Boy Scouts 7:00 PM	28 Junior Shooter 7:00	29 5:30 – 7:30 PM Post Dinner	30
31 2:00 PM BINGO Team 7						

July the 4th Picnic

12 noon until

\$5.00 unless renewing membership it's free

Come out for a great time

Post 364 Calendar 2007-2008

Assumptions:

Bingo Every Sunday 2 PM and Monday 7:15 PM throughout the year.

Executive Meeting on the first Tuesday and Membership Meeting on the third Tuesday of each month at 7:30 PM

Auxiliary Executive Meeting on the second Tuesday and Auxiliary Membership Meeting on the fourth Tuesday of each month at 7:30 PM

SAL meeting third Sunday of each month at 6:00 PM

USMVMC 2nd and 4th Sunday of each month 6:00 PM

Auxiliary Dinners on Thursday evenings in the social quarters

Post Dinners on Friday evenings in the hall 5:30 PM to 7:30 PM

Boy Scouts on Wednesday evenings each week at 7:00 PM

Junior Shooters on all Thursdays but the third at 7:00 PM with no meetings in July and August

Cub Scouts on the third Thursday of each month at 7:00 PM

Calendar:

Dept Convention 2008 July 10-13, 2008 Fairview Marriott in Falls Church

The following items do not have known or firm dates:

Department Fall Golf Tournament previously mid October 3 days

Department Spring Golf Tournament April 18-20

Killer Bee/Guppy Tournament(s)

Sunday Sales start 1:00

BINGO TEAMS

Monday Sales start 6:15

Warren Diperna Bingo Manager - 571-239-7556

Team 1, 2 Bingo Manager, Daniel Eubank 240-993-6916

Team 3, 4 Bingo Manager, Ed Graham 804-301-3610

Team 5, 6 Bingo Manager, Harley Horner 202-345-1316

Team 7, 8 Bingo Manager, Scott Burgess 703-901-1321

<p>Team 1 SUN Bob Fitzgerald (TC) 540-379-4664 Renee Beck (C) 703-472-9157 Denise Galligan 703-339-7404 Sy Horowitz 703-670-8325 Marty & Ray Rhyne 703-221-4848</p> <p><i>Addie Horowitz 703-670-8325</i></p>	<p>Team 2 MON Dan Eubank (TC) 240-993-6916 Raye Ferrington (C) 703-924-1150 Randy Bower 703-494-1910 Anne Bower 703-494-1910 VACANT</p> <p><i>Barbara Stevenson 703-670-8750</i></p>	<p>Team 3 SUN Dan Condon 703-919-6227 Jack Roach (C) 703-901-2815 Meryl Bevenour 703-897-0398 Chris Thomaidis 703-232-0956 VACANT</p> <p><i>Kathy Roach 703-901-2815</i></p>	<p>Team 4 MON Gary LaPore (TC) 703-303-0759 Ed Graham (C) 804-301-3610</p> <p>Mel McGee 703-472-9157</p> <p><i>Barbara Stevenson 703-670-8750</i></p>
<p>Team 5 SUN Matt Peters (C) 703-680-047 Thom Karlson 703-730-2172 Adrian Petrescu 703-590-1032 Doug Caskey 703-897-1140</p> <p><i>Dianne Clark</i></p>	<p>Team 6 MON Raye Ferrington (TC) 703-924-1150 Pete Turner (C) 703-680-3068 Laura Horner 703-878-2131</p> <p><i>Barbara Barnes 703-670-0753</i></p>	<p>Team 7 SUN Cal Albers(TC) 703-670-9815 Scott Burgess (C) 703-901-1321 Harley Horner 202-345-1316</p> <p><i>Mary DiPerna 571-239-7555</i></p>	<p>Team 8 MON (TC) Karen Monk (C) 703-791-6401 USMV USMV USMV</p> <p><i>Vacant</i></p>

**The American Legion
 Woodbridge Post 364
 P.O. BOX 2121
 Woodbridge, VA 22195
 (703) 494-4304**

NONPROFIT ORG
 U.S. POSTAGE PAID
 WOODBRIDGE,VA
 22192
 PERMIT NO. 10

**Friday Night Dinner
 5:30 – 7:30**

All specials are \$8.00, except Steak \$12.00.

Jul 4th Picnic
 Jul 11th Country Fried Steak
 Jul 18th Steak on the Grill
 (Weather permitting)
 Jul 25th Steak on the Grill
 (Weather Permitting)

Regular Menu consists of the following:

Beer Battered Cod	\$8.00
Butterfly shrimp	8.00
Scallops	8.00
Spaghetti	6.50
Steak	12.00
Hamburger w/FF	4.00
Cheeseburger w/FF	5.00

Choice of Baked Potato or French fries
 Choice of veggie
 Salad Bar

Child's menu:

Spaghetti	\$3.00
Wing Dings w/FF	\$ 3.50
Chicken Tenders w/FF	\$ 3.50

Post Lounge



Hours of Operation

Sat----- 2:00 PM - 1:00 AM
 Sun----- 12:00 PM - 10:00 PM
 Mon----- 3:00 PM – 11:00 PM
 Tues -Thu-- 3:00 PM - 10:00 PM
 Fri----- 3:00 PM - 1:00 AM

FRIENDLY HOUR

**Monday Thru Friday
 3:00 - 7:00**

Directions to Post Home

Take I-95 to Exit 158, Prince William Parkway
 Prince William Parkway toward Manassas
 Past Commuter Lot, Bear right onto Caton Hill Rd.
 Turn Right onto Caton Hill to Minnieville (2nd Stop light)
 Turn Right onto Minnieville to Fowke (about 200 yards)
 Turn Left on Fowke (used car dealer on corner)
 to Jenny Lane (Stop sign)
 Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1st street on right)
 Turn Right on Friendly Post Lane

**Welcome to our
 Post Home**