



# The American Legion Woodbridge Post 364

## POST-O-GRAM JANUARY 2008

“The Friendly Post”  
3640 Friendly Post Lane  
PO Box 2121  
Woodbridge, VA 22195  
(703) 494-4304  
Web page: [www.vapost364.org](http://www.vapost364.org)  
Editor: John Scarry



Post Commander  
**Thom Karlson**  
Auxiliary President  
**Mary Diperna**  
SAL Commander  
**Matt Peters**

### 16<sup>th</sup> Annual Toys for Tots Dinner Dance a Singular Sensation!

“Yes, Virginia, there really is a Santa Claus” and he lives on Friendly Post Lane. Once again our members opened their hearts in the spirit of the jolly old man for deserving children of Prince William County.

Commander Thom and President Mary hosted our 16<sup>th</sup> Annual Toys for Tots Dinner Dance, on Saturday the 8<sup>th</sup> of December. Past Department Commander Jerry Howard was our Master of Ceremonies and Past Department President Marcia Wheatley co-chaired the event with Commander Thom. Gunnery Sgt Muccia was kind enough to accept our invitation, and represented the Marine Corps Reserves with all due honors. I must agree with all those in attendance, this is truly my favorite event.



Gunny Sgt Muccia, Miss Junior Teen Virginia Britney Burgess, Past Dept of Virginia President Marcia Wheatley

Festivities began the night before with Auxiliary elves hustling and bustling around the hall, with assistance from a

few Legion reindeer, to turn our ordinary bingo hall into a Snowmen’s Ball. Snowflakes, twinkle lights and garland adorned overhead, while 14 tables were dressed in variations on the snowman theme. Late in the evening, each of the 14 collectible centerpieces were given away as door prizes, along with five gorgeous poinsettias. President Mary continued our tradition of past Post officers hanging their special ornament on our tree. This year she received her own butterfly ornament, much to her surprise. And need I say, Miss Sara out did herself with a buffet fit for Kings and Queens. She and Mary work so hard behind the scenes for each and every event; I can never thank them enough for what they do.



Clockwise from bottom left, Al Peters, Dianne Clark, Pam Conley, Brown Conley, Renee Beck, Jay Beck, Denise Condon and Dianne Condon.

Now, when Gunny walked into the hall and saw how many toys were under Post 364’s Christmas tree, he picked up his cell phone and I overheard him say, “Ah, sir? I think we need a bigger truck!” Five hundred toys were passed through the traditional hand-off circles. Five hundred toys left our Post home with love and prayers from each set of hands that tenderly passed them on. Commanders and Presidents, past and present, were called upon to assist with the bicycles and tricycles and true to form these former Post &

Auxiliary officers rode those bikes right out of the room to the truck! What a sight! (However, *I do believe a refresher course on 'How to Stop Your Bike' is in order before next year!*) With the toys on the truck, and our appetites filled, we turned our attention to fellow Post member Joe Clay who provided just the right touch of dance music as we swayed into the wee hours. 'Twas a grand evening all the way around.



Post Commander Thom Karlson, and Auxiliary President Mary DiPerna cut the cake

I know that Thom, Mary and Marcia extend their heartfelt gratitude to the elves: Diane Clark, Sherry Karlson, Raye Ferrington, Barbara Barnes, Pam Conley, Renee Beck and Allie Murray. And to the reindeer: Dan Eubanks, Dale Patterson, Pete Turner, Todd Herr and Warren DiPerna. And if by chance I've forgotten an elf...must be the sugarplums dancing in my head.

From our house to your house I wish everyone a very Merry Christmas!

*(Side note: This event sold out on the Friday prior, which was quite a surprise to the team, but also a blessing for the children. I for one will be buying my ticket as soon as they go on sale next year! I hope you will too.)*



**Commander**  
Thom Karlson

**Post 364**

**COMMANDER'S ARTICLE**

Welcome to 2008, Last year is behind us and December was filled with many events beginning with Toys for Tots on December 8 where we collected and donated over 500 toys to the U.S. Marine Corp Reserve Toys for Tots program. The toys went to needy and deserving children in our community. The event was a complete sellout. Many thanks to Marcia Wheatley for serving as chairman this year and all her work, Jerry Howard for serving as our emcee for the evening, Joe Clay provided the music, and Dianne Cabot for doing the decorations.

On December 15 we held our annual children's Christmas Party. We hosted approximately 50 children from the community. All had a personal chat with Santa who made his annual visit to our Post and they each left with a new toy. Thanks go out to Kara Byrd and the Ladies Auxiliary who has been doing all of our children's parties for many years.

We also held a blood drive on 15 December and the Red Cross collected more than 24 units. Thanks go out to Ed Graham for coordinating the blood drive.

In January the Ladies Auxiliary will resume Thursday night dinners. If you have never been to the Post on a Thursday you have missed many good meals. I look forward to some wonderful meals again.

A reminder to all Legion members we are changing the meeting dates for January due to New Years day being on our normal meeting day. The Executive Committee will meet on January 8<sup>th</sup> and the General Membership will meet on January 22. We will return to our normal schedule for February.

It will be time for election of officers for the next Legion Year soon. I will be appointing a nominating committee soon. Any one interested in serving on the nominating committee please contact me directly.

We will have a Super Bowl Party again this year. Dan Condon is still working on the details. Come out and join us.

I wish everyone a safe and prosperous New Year.

Happy holidays to all.

**VOLUNTEER OF THE MONTH**

I have selected Dianne Cabot as my volunteer of the month for December. Dianne was instrumental in preparing the hall for our annual Toys for Tots program and New Years Eve Party. I think she really enjoys decorating. She also is a regular contributor to the Post-O-Gram. Thank You Dianne for all you do for the Post.

**Membership**

On January 1 2008 your 2007 membership expired if you have not yet renewed for 2008. We will begin checking membership card in the lounge during January. Please stop by and renew at your earliest convenience.



### **Auxiliary President**

Mary Diperna

Hi Everyone,

Now that the hustle and bustle of the holidays is over and everyone received everything they wanted from Santa, I hope you all have a Happy New Year in 2008.

One of my favorite nights is the night we celebrate Toys for Tots. Toys for Tots has been celebrated at the Post for the last 16 years. This year we started out with a fantastic meal cooked by Sara and Mary and then had a presentation given by one of our very own Marines from Quantico, telling us how Toys for Tots was started and how the toys go to help needy children in our own area have a happy Christmas. After the presentation, we formed a double line and passed the toys we had collected from the Christmas tree out to the Marine's van. The toys were being hugged, squeezed, and some people did not want to give them up as they were passed down the line. How we go back into our childhood when it comes to the night for Toys for Tots. The theme was snowmen and how beautiful they were. I want to thank you from the bottom of my heart Marcia Wheatley for coordinating my favorite event. Thank you also goes out to Dianne Cabot and all of the helpers that made that night so special. As my appreciation of each of the Commanders, Auxiliary Presidents, Sal Commanders and Junior Presidents for keeping this program going I have given each of them their very own ornament for the Post Christmas tree and they each hung their own ornament during the program. This was the very first time that Toys for Tots was sold out. The night was magical.

The following week we had our Children's Christmas party which was a great success. The party started the night before with some of Santa elves stuffing the children's Christmas stockings with lots of goodies. When the children arrived there were plenty of things to do. They made Christmas cards which will be given to our firemen, police, and rescue and also the soldiers at Walter Reed Hospital. They then painted ornaments and made craft decorations before enjoying Pizza for lunch. Santa arrived after lunch and made a wonderful entrance, making some children smile and some cry. The children all had their picture taken with Santa and received a stocking and a stuffed animal to enjoy. Door prizes were given to all. I would like to thank Kara and all her helpers for a job well done.

A couple of reminders for the members of our Auxiliary are that our Auxiliary Executive Meeting will be moved from January 8<sup>th</sup> to January 15<sup>th</sup> and our General Membership

Meeting will be moved from January 22<sup>nd</sup> to January 29<sup>th</sup>. Please keep our meetings on your calendar and come out and get involved. You will be so surprised to see all the work the auxiliary puts in to one of our events.

We are planning on starting our Thursday night dinners this month. Give us a call or stop on by and see what's cooking.

Our Americanism Dinner is on for February 1<sup>st</sup>. Read about the details elsewhere in the POG. I encourage you to buy your tickets early and come out and have a great time. Please also put on your calendar for our Landstuhl Hospital Care Dinner and Valentine's Day Dance on February 16<sup>th</sup>.

Yes, here it comes my favorite part of the post-o-gram announcing the Butterfly Volunteer of the month. This lady participates in the auxiliary in every way she can. From putting tablecloths on tables and buying desserts because she is so busy she doesn't have the time to bake them, but wants to help. The programs that she has done are so many I can't count them all. She has so much knowledge of the auxiliary she is the one everyone runs to when they need advice. She was my Installing Officer; she took the lead for the Healing Fields over the Veterans Weekend. She is the Unit Legislative chairman, and took over as the chairman for the Commander for Toys for Tots. But most of all she makes our Unit 364 very proud. Marcia Wheatley, I thank you for being my Butterfly of the month for December.

God Bless to All,  
Mary

## **Auxiliary Dinners**

Happy New Year Everyone. Thursday Night Dinners are back beginning on January 3<sup>rd</sup>. If you would like to volunteer to cook on any Thursday please call Sherry at (703) 819-8376 or email her at [boydsbears@comcast.net](mailto:boydsbears@comcast.net).

**Subject: Hope Rides Alone**  
**Published: Oct 19, 2007**

**A Soldier's Last Words: Listen Up CBS,  
CNN, Cindy Sheehan, Al Franken by  
Louisa Centanni**

SGT. Edmund John Jeffer's last few words were some of the most touching, inspiring and most truthful words spoken since the tragedy of 9/11 – and since our nation went to war.

SGT. Jeffers was a strong soldier and talented writer. He died in Iraq on September 19, 2007. He was a loving husband, brother and son. His service was more than this country could ever grasp - but the least you can do for the man who sacrificed his life for you ... is listen to what he had to say.

Listen up and pay attention to all of the Cindy Sheehans and Al Frankens of the world. To MSNBC, CNN, and CBS. To all who call themselves Americans ... Hope Rides Alone.

**Hope Rides Alone**  
**By Eddie Jeffers**

I stare out into the darkness from my post, and I watch the city burn to the ground. I smell the familiar smells, I walk through the familiar rubble, and I look at the frightened faces that watch me pass down the streets of their neighborhoods. My nerves hardly rest; my hands are steady on a device that has been given to me from my government for the purpose of taking the lives of others.

I sweat, and I am tired. My back aches from the loads I carry. Young American boys look to me to direct them in a manner that will someday allow them to see their families again...and yet, I too, am just a boy....my age not but a few years more than that of the ones I lead. I am stressed, I am scared, and I am paranoid...because death is everywhere. It waits for me, it calls to me from around street corners and windows, and it is always there.

There are the demons that follow me, and tempt me into thoughts and actions that are not my own...but that are necessary for survival. I've made compromises with my humanity. And I am not alone in this. Miles from me are my brethren in this world, who walk in the same streets...who feel the same things, whether they admit to it or not.

And to think, I volunteered for this...

And I am ignorant to the rest of the world...or so I thought.

But even thousands of miles away, in Ramadi, Iraq, the cries and screams and complaints of the ungrateful reach me. In a

year, I will be thrust back into society from a life and mentality that doesn't fit your average man. And then, I will be alone. And then, I will walk down the streets of America, and see the yellow ribbon stickers on the cars of the same people who compare our President to Hitler.

I will watch the television and watch the Cindy Sheehans, and the Al Frankens, and the rest of the ignorant sheep of America spout off their mouths about a subject they know nothing about. It is their right, however, and it is a right that is defended by hundreds of thousands of boys and girls scattered across the world, far from home. I use the word boys and girls, because that's what they are. In the Army, the average age of the infantryman is nineteen years old. The average rank of soldiers killed in action is Private First Class.

People like Cindy Sheehan are ignorant. Not just to this war, but to the results of their idiotic ramblings, or at least I hope they are. They don't realize its effects on this war. In this war, there are no Geneva Conventions, no cease fires. Medics and Chaplains are not spared from the enemy's brutality because it's against the rules. I can only imagine the horrors a military Chaplain would experience at the hands of the enemy.

The enemy slinks in the shadows and fights a coward's war against us. It is effective though, as many men and women have died since the start of this war. And the memory of their service to America is tainted by the inconsiderate remarks on our nation's news outlets. And every day, the enemy changes...only now, the enemy is becoming something new. The enemy is transitioning from the Muslim extremists to Americans. The enemy is becoming the very people whom we defend with our lives. And they do not realize it.

But in denouncing our actions, denouncing our leaders, denouncing the war we live and fight, they are isolating the military from society...and they are becoming our enemy.

Democrats and peace activists like to toss the word "quagmire" around and compare this war to Vietnam . In a way they are right, this war is becoming like Vietnam. Not the actual war, but in the isolation of country and military. America is not a nation at war; they are a nation with its military at war. Like it or not, we are here, some of us for our second, or third times; some even for their fourth and so on.

Americans are so concerned now with politics, that it is interfering with our war.

Terrorists cut the heads off of American citizens on the Internet...and there is no outrage, but an American soldier kills an Iraqi in the midst of battle, and there are investigations, and sometimes soldiers are even jailed...for doing their job.

It is absolutely sickening to me to think our country has come to this.

Why are we so obsessed with the bad news? Why will people stop at nothing to be against this war, no matter how

much evidence of the good we've done is thrown in their face? When is the last time CNN or MSNBC or CBS reported the opening of schools and hospitals in Iraq? Or the leaders of terror cells being detained or killed? It's all happening, but people will not let up their hatred of Bush. They will ignore the good news, because it just might show people that Bush was right.

America has lost its will to fight. It has lost its will to defend what is right and just in the world. The crazy thing of it all is that the American people have not even been asked to sacrifice a single thing.

It's not like World War Two, where people rationed food, and turned in cars to be made into metal for tanks. The American people have not been asked to sacrifice anything. Unless you are in the military or the family member of a service member, its life as usual...the war doesn't affect you.

But it affects us. And when it is over, and the troops come home, and they try to piece together what's left of them after their service...where will the detractors be then? Where will the Cindy Sheehans be to comfort and talk to soldiers and help them sort out the last couple years of their lives, most of which have been spent dodging death and wading through the deaths of their friends? They will be where they always are, somewhere far away, where the horrors of the world can't touch them. Somewhere where they can complain about things they will never experience in their lifetime; things that the young men and women of America have willingly taken upon their shoulders.

We are the hope of the Iraqi people. They want what everyone else wants in life: safety, security, somewhere to

call home. They want a country that is safe to raise their children in. Not a place where their children will be abducted, raped, and murdered if they do not comply with the terrorists demands. They want to live on, rebuild and prosper. And America has given them the opportunity, but only if we stay true to the cause, and see it to its end. But the country must unite in this endeavor...we cannot place the burden on our military alone. We must all stand up and fight, whether in uniform or not. And supporting us is more than sticking yellow ribbon stickers on your cars. It's supporting our President, our troops and our cause.

Right now, the burden is all on the American soldiers. Right now, hope rides alone. But it can change, it must change. Because there is only failure and darkness ahead for us as a country, as a people, if it doesn't.

Let's stop all the political nonsense, let's stop all the bickering, let's stop all the bad news, and let's stand and fight!

Eddie's father, David Jeffers, writes:

I'm not sure how many letters or articles you've ever read from the genre of "News from the Front," but this is one of the best I've ever read, including all of America's wars. As I was reading this, I forgot that it was my son who had written it. My emotions range from great pride to great sorrow, knowing that my little boy (22 years old) has become this man.

He is my hero. Thank all of you for your prayers for him; he needs them now more than ever. God bless.

## January 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Boy Scouts 7:00 PM	3 Junior Shooter 7:00	4 5:30 – 7:30 PM Post Dinner	5
6 2:00 PM BINGO Team 3	7 7:15 PM BINGO Team 4	8 Executive Meeting 7:30 PM	9 Boy Scouts 7:00 PM	10 Junior Shooter 7:00	11 5:30 – 7:30 PM Post Dinner	12
13 2:00 PM BINGO Team 5	14 7:15 PM BINGO Team 6	15 Auxiliary Executive 7:30 PM	16 Boy Scouts 7:00 PM	17 Junior Shooter 7:00	18 5:30 – 7:30 PM Post Dinner  Karaoke	19
20 2:00 PM BINGO Team 7	21 7:15 PM BINGO Team 8	22 Membership Meeting 7:30 PM	23 Boy Scouts 7:00 PM	24 Junior Shooter 7:00	25 5:30 – 7:30 PM Post Dinner	26
27 2:00 PM BINGO Team 1	28 7:15 PM BINGO Team 2	29 Auxiliary Membership Meeting 7:30	30 Boy Scouts 7:00 PM	31 Junior Shooter 7:00		

## February 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 5:30 – 7:30 PM Post Dinner	2
3 2:00 PM BINGO Team 3	4 7:15 PM BINGO Team 4	5 Executive Meeting 7:30 PM	6 Boy Scouts 7:00 PM	7 Junior Shooter 7:00	8 5:30 – 7:30 PM Post Dinner	9
10 2:00 PM BINGO Team 5	11 7:15 PM BINGO Team 6	12 Auxiliary Executive 7:30 PM	13 Boy Scouts 7:00 PM	14 Junior Shooter 7:00	15 5:30 – 7:30 PM Post Dinner  Karaoke	16
17 2:00 PM BINGO Team 7	18 7:15 PM BINGO Team 8	19 Membership Meeting 7:30 PM	20 Boy Scouts 7:00 PM	21 Junior Shooter 7:00	22 5:30 – 7:30 PM Post Dinner	23
24 2:00 PM BINGO Team 1	25 7:15 PM BINGO Team 2	26 Auxiliary Membership Meeting 7:30	27 Boy Scouts 7:00 PM	28 Junior Shooter 7:00	29 5:30 – 7:30 PM Post Dinner	

## Post 364 Calendar 2007-2008

### **Assumptions:**

Bingo Every Sunday 2 PM and Monday 7:15 PM throughout the year.

Executive Meeting on the first Tuesday and Membership Meeting on the third Tuesday of each month at 7:30 PM

Auxiliary Executive Meeting on the second Tuesday and Auxiliary Membership Meeting on the fourth Tuesday of each month at 7:30 PM  
SAL meeting third Sunday of each month at 6:00 PM

USMVMC 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month 6:00 PM

Auxiliary Dinners on Thursday evenings in the social quarters

Post Dinners on Friday evenings in the hall 5:30 PM to 7:30 PM

Boy Scouts on Wednesday evenings each week at 7:00 PM

Junior Shooters on all Thursdays but the third at 7:00 PM with no meetings in July and August

Cub Scouts on the third Thursday of each month at 7:00 PM

### **Calendar:**

New Year's Eve Dinner Dance – December 31, 2007

Executive Meeting moved from 1 January to 8 January, 2008

Post Oratorical Contest January 5, 2008 12 PM

Auxiliary Executive Meeting moved from 8 January to 15 January 2008

Membership Meeting moved from 15 January to 22 January, 2008

Auxiliary Membership Meeting moved from 22 January to 29 January, 2008

Mardi Gras – January 18 or 19, 2008

Auxiliary Americanism Dinner Feb 1, 2008

Broger Bowling Tournament - February 9<sup>th</sup>, 2008

Landstuhl Hospital Care Dinner and Valentines Day Dance (Aux Dinner) – Feb 16, 2008

Boys State Interviews Post 364 – March 1, 2008

Girls State Interviews – March 8, 2008

Boys &/or Girls State Interviews Snow date - March 15<sup>th</sup>

Children's Easter Party - March 22, 2008 (Easter is March 23)

Department Spring Conference March 28-30<sup>th</sup> Virginia Beach

Auxiliary Atlantic City Bus Trip - April 12, 2008

Post Cleanup – 0800 AM April 26, 2008

Bingo Workers Appreciation Dinner May 17, 2008 (maybe May 16<sup>th</sup> in conjunction with Karaoke)

Post 364 Officer Elections – May 20<sup>th</sup>, 2008 7:30 PM

Memorial Day Picnic at McGuire Veterans Hospital – May 24<sup>th</sup>

Auxiliary Poppies Distribution – May 25<sup>th</sup>, 2008  
Ceremony at Quantico National Cemetery 11 IS – May 26, 2008

Memorial Day Picnic at the Post – May 26, 2008

Auxiliary Officer Elections – May 27, 2008 7:30 PM

Commander and Presidents Appreciation Picnic & Flag Day Ceremony – June 14<sup>th</sup>, 2008 12:00 PM

Post 364 Officer Installations – June 28, 2008

Dept Convention 2008 July 10-13, 2008

Fairview Marriott in Falls Church

### **The following items do not have known or firm dates:**

Prince William County Regional Chamber of Commerce Annual Valor Awards - April

Department Fall Golf Tournament previously mid October 3 days

Department Spring Golf Tournament previously end of March 3 days

Post Golf Tournament

Blood Drive was early December

Mystery Bus Ride early October

Killer Bee/Guppy Tournament(s)

1 Jan - New Years Day - Normal Hours

Both the Exec and General Membership meetings for both the Legion and Women's Aux will be moved forward 1 week. Legion 2nd and 4th Tuesdays. Women's Aux 3rd and 5th Tuesday.

Sunday Sales start 1:00

Paul Leidy - 703-791-6786

**BINGO TEAMS**

Monday Sales start 6:15

Warren Diperna - 571-239-7556

<p><b>Team 1 SUN</b>                  Bob Fitzgerald (TC) 540-752-5390                  Larry Kiser (C) 703-392-8705                  Denise Galligan 703-339-7404                  Sy Horowitz 703-670-8325                  Marty &amp; Ray Rhyne 703-221-4848</p> <p><i>Addie Horowitz 703-670-8325</i></p>	<p><b>Team 2 MON</b>                  Paul Leidy (TC) 703-791-6786                  Raye Ferrington (C) 703-924-1150                  JoAnne Leidy 703-791-6786                  Greg Phelps 571-242-3180                  Dan Eubank _____</p> <p><i>VACANT _____</i></p>	<p><b>Team 3 SUN</b>                  Dan Condon 703-919-6227                  VACANT (C) _____                  Meryl Bevenour 703-897-0398                  Chris Thomaidis 703-497-2907                  VACANT _____</p> <p><i>Kathy Roach 703-901-2815</i></p>	<p><b>Team 4 MON</b>                  Gary LaPore (TC) 703-303-0759                  Ed Graham (C) 804-301-3610                  Rob Lewis 703-851-8782                  Mel McGee 703-472-9157                  Vacant _____</p> <p><i>Vacant _____</i></p>
<p><b>Team 5 SUN</b>                  Billy Moriarity (TC) 703-590-2662                  Matt Peters (C) 703-680-047                  Thom Karlson 703-730-2172                  Adrian Petrescu 703-590-1032                  Vacant _____</p> <p><i>Dianne Cabot _____</i></p>	<p><b>Team 6 MON</b>                  Raye Ferrington (TC) 703-924-1150                  Renee Beck (C) 703-472-9157                  Jay Beck 703-472-9157                  Gary Eads 703-690-1392                  Terry Despain 703-220-3992</p> <p><i>Barbara Barnes 703-670-0753</i></p>	<p><b>Team 7 SUN</b>                  Cal Albers(TC) 703-670-9815                  Barry Charney(C) 703-898-2790                  Harley Horner 703-878-8231                  Brian Cohill 703-583-6339                  Rich Olofson 703-492-0345</p> <p><i>Raye Ferrington 703-924-1150</i></p>	<p><b>Team 8 MON</b>                  David Dix (TC ) 703-497-793                  David Dix (C ) 703-497-7931                  USMV                  USMV                  USMV</p> <p><i>Melanie Dix 703-497-7931</i></p>

**The American Legion  
 Woodbridge Post 364  
 P.O. BOX 2121  
 Woodbridge, VA 22195  
 (703) 494-4304**

NONPROFIT ORG  
 U.S. POSTAGE PAID  
 WOODBRIDGE,VA  
 22192  
 PERMIT NO. 10

**Friday Night Dinner**  
**5:30 – 7:30**

All specials are \$8.00.

Jan 4th Meatloaf  
 Jan 11th Beef Tips over Noodles  
 Jan 18th Lasagna  
 Jan 25<sup>th</sup> Steak

Regular Menu consists of the following:

Beer Battered Cod	\$7.50
Butterfly shrimp	8.00
Scallops	8.00
Spaghetti	6.50
Steak	10.00
Hamburger w/FF	4.00
Cheeseburger w/FF	5.00

Choice of Baked Potato or French fries  
 Choice of veggie  
 Salad Bar

Child's menu:

Spaghetti	\$3.00
Wing Dings w/FF	\$ 3.50
Chicken Tenders w/FF	\$ 3.50

**Post Lounge**



**Hours of Operation**

Sat----- 2:00 PM - 1:00 AM  
 Sun----- 12:00 PM - 10:00 PM  
 Mon----- 3:00 PM – 11:00 PM  
 Tues -Thu-- 3:00 PM - 10:00 PM  
 Fri----- 3:00 PM - 1:00 AM

**FRIENDLY HOUR**

**Monday Thru Friday**  
**3:00 - 7:00**

**Directions to Post Home**

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2<sup>nd</sup> Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner) to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1<sup>st</sup> street on right)

Turn Right on Friendly Post Lane

**Welcome to our Post Home**