



The American Legion Woodbridge Post 364

POST-O-GRAM AUGUST 2008

“The Friendly Post”
 3640 Friendly Post Lane
 PO Box 2121
 Woodbridge, VA 22195
 (703) 494-4304
 Web page: www.vapost364.org
 Editor: John Scarry



Post Commander
 Laura Horner
Auxiliary President
 Raye Ferrington
SAL Commander
 Matt Peters



The new leadership of Post 364 took the oath of office at the annual Installation Dinner held at Post 364 on the 28th of June. The new leadership for 2008-2009 is Commander Laura Horner, First Vice Commander Dan Eubank, Second Vice Commander Dan Condon, Chaplain Scott Burgess, Finance Officer Harley Horner Adjutant Brian Mullican and Sergeant at Arms Randy Bower.

The coming year looks very bright for the post. The leaders elected by the membership are all very knowledgeable and talented. Our new commander has the vision and talent to make this a super successful year. Laura is unique in that she is not only a very talented, knowledgeable and strong woman, she is also the first person of color who has assumed the office of Commander of Post 364. We all believe that Laura is going to lead us to great things.

The installation dinner was attended by the Department of Virginia Commander Andrew Roberts, the Department Adjutant Dale Chapman and, the installing officer, past Department Commander Bob Hannon. One of the unique things about the installation is that the installing officer is the same Bob

Hannon who was the installing officer for Laura's husband Harley Horner when he was installed as the Post Commander in 2004. Laura and Harley are only the second couple to have served as commanders of Post 364

Auxiliary Unit 364 officers were also installed during the ceremony. The new President, Raye Ferrington and her officers took the oath of office from the Department President Pat Knight. This is not the first time as President for Rae. Her prior experience will surely add to the strength of Unit 364.

There are several people and groups who made the installation dinner and ceremony a success. We wish to thank the kitchen staff who prepared the meal, the Boy Scouts who supported the event, all the Auxiliary members who did such a great job of decorating the hall for the event. With members of the Post and Auxiliary who give so much there is no doubt that the coming year is going to be one of the best ever.



Commander
Laura Horner

Post 364

COMMANDER'S ARTICLE

Hello my fellow Legionnaires. I am extremely honored and proud to have been elected as your Commander at Woodbridge Post #364. I will give 100% in fulfilling the duties as Commander of this Post, keeping in mind the purpose of the American Legion. I know that I can not do this alone; it will take a team effort from the American Legion Family here at this great Post.

I would like to thank all that were involved in the 2008-2009 Installation of Officers. It was truly and outstanding event. This was the first of many and the group effort was a great success. Keep up the good work.

The 4th of July was a great success. It started with the Dale City Parade. Despite the heat, our picnic was great. The food was very good. Thanks to all who helped, that was a very long day.

There are still a few committees vacant; If you are interested in filling a position please contact me.

To mention each and every person who assisted with the Installation of Officers and 4th of July Parade and Picnic would fill this page. I would like to sincerely thank each and everyone who assisted. I really appreciate all the support.

We still have Soldiers, Sailors, Airmen, and Marines engaged in the Global War. This War is far from being over; please take a few minutes of your busy schedules to pray for these young men and women that are defending this great Country.

I look forward to serving with each and every member of this Post. Again, I am extremely honored and proud to have been elected as your Commander for 2008-2009. I will do my very best to serve you and the Veterans of this great Nation. United we stand; divided we fall.

An open hand may loose the seeds, but a closed fist will make a MITTY BLOW. All ideas, comments, or suggestions are welcome, please don't hesitate. My email address is laurahorner@verizon.net.

Laura

VOLUNTEER OF THE MONTH

This months Volunteer of the month is Jay Beck.

Legionnaire Beck is a retired Airmen and is married to Renee. Together, they have two lovely children Brandy and Jason.

Jay is a lovely person and is always willing to give a helping hand in any way he can. Jay loves to make everyone around him smile.

Jay chaired the 4th of July Picnic and what a wonderful event it was. It was well put together; The decorations, music, games, and food were great. The American Legion Family and Friends that were able to come out really enjoyed themselves.

Thanks Jay for a job well done.

Benefits of American Legion Membership By Dan Eubanks

Probably the greatest benefit of membership in the American Legion is the association we have with other individuals that have served in the armed forces of this great country. As a result of our service for the United States of America, we have a common bond, in that we individually served, but for the collective good of all citizens. I relish the friendly inter-service bantering in the social quarters; each of us believes that we served in the "superior" branch of the armed forces. The fact is that being a member of any branch of the military has provided each of us the opportunity to serve and contribute to the "greater good" of the nation.

One of the latest American Legion benefits is free membership to military.com on the internet. I have found this free membership in military.com to be worthwhile, and the military news quite informative.



Auxiliary President
Raye Ferrington

Happy August everyone! Where is the summer going?? It always goes by too quickly...but the Unit is very busy these days, which only makes the time pass by more quickly.

Congratulations to Jamie Lien. Jamie was one of the Unit's Girls State participants from Forrest Park High School this year. Jamie was selected to attend Girls Nation where she was ultimately elected Senator!! Her hard work and dedication are a tribute to her and to our Unit and we are so proud of her and all of the girls that went to Girls State this year. Keep up the great work!

The Legion and Auxiliary were very proud to have been invited to a very special event on Friday, July 18. The children of Adventure Camp had written letters of encouragement and drawn pictures for our troops serving overseas and Ann Tweedy, General Manager of Lake Ridge Park, invited us to go to the Camp to receive these beautiful and inspirational letters so that we could, in turn, send them to their intended recipients. All of this was coordinated by our own Unit member and Department Americanism Chair, Dianne Cabot, who is also the head of Public Relations for the Prince William County Park Authority. Past Post Commander Ed Graham, current First Vice Commander Dan Eubank, Dianne and I went to visit the children, talk to them and receive the letters. It was a wonderful and poignant visit which I will remember always. The pictures and letters will be sent to one of the Unit's adopted service units serving in Iraq. It is our hope that we will be able to get someone from that unit to come and speak to a future group of kids, once they have returned from their overseas assignment. I'm sure the children would be thrilled to get the service members' reactions to receiving letters from home.

The Post is again hosting a ceremony for National POW/MIA Recognition Day. This year the ceremony will be on Friday, September 19 at

6:30 under the pavilion at Post 364. For those of you who have not been to one of the POW/MIA ceremonies, I strongly encourage you to come this year. It is a moving and uplifting ceremony as those who have been in years past will surely attest. Preparations are under way for this year's ceremony, which will include the presentation and reading of a proclamation from Occoquan Supervisor Mike May, declaring Friday, September 19, POW/MIA Recognition Day in Prince William County. Sara's delicious Friday night dinner will follow, which is worth coming for all by itself!

I invite each of you to come to the Post on Friday, August 29. The Post is having a band and dance! One of our own will be playing in the band, Slim Fellows, a new member of the Sons of the American Legion at Post 364! We are very excited about this event and would love to have everyone come out and support the event. It is sure to be a lot of fun. The cost of the event is \$5 at the door (no advance ticket sales for this event), which includes 1 free beverage...what a deal. Slim will be playing 'piano bar' music during dinner, and then the rest of the band will join him around 9PM to rock the house! Please come out and join us.

Saturday, August 23 will be our annual Back-to-School backpack distribution. This event will be from 9AM - noon. The Post distributes all of the school supplies that have been collected from our generous bingo players and the supplies that are purchased by the Legion's Children & Youth Program. Please participate by bringing your school supplies by the Legion. The Legion is currently collecting school supplies during bingo on Sunday afternoons and Monday evenings. Donations with a value of at least \$5 will receive a free 'Six Pack' bingo book....a great value. If you would like to donate to this event but do not attend bingo, please just bring your school supply donation by the Legion at any time, during hours that the Lounge is open. The school supplies are distributed to needy families in our area so if you know of any families that would appreciate or need school supplies, please let them know about the distribution on Saturday, August 23.

I'm looking forward to chatting with you each month for the rest of the year. It's one of the fun things that I am proud to do as Auxiliary President. Please let me hear from you. I can be reached by email at rayezfun@yahoo.com. I would love to get EVERY Auxiliary member out and involved in the wonderful things that our Unit does.

My best --
Raye

ALA Membership: August 2008

Dianne Cabot, ALA Membership Chair.

What if someone knocked and no one was there?

A young veteran on his first week home from Iraq was driving around his hometown. It felt good to see familiar sites, his old high school, the store where he got his first job. But it was strange too. He had seen so many things 'over there'. Things he just couldn't tell his high school buddies and he would never be able to share with his Mom. Man, did he miss his Dad right now.

The young veteran pulled up to a traffic signal and his eye caught something. Something he had seen a million times while driving down this street. A sign, with an American flag on it, which read – American Legion Post.- with a big arrow pointing down the next street. He had heard his Dad and Uncles (all had fought in Viet Nam) talking about the Legion. He had heard them talk about "the Post". But he had never been there. The young veteran turned down the road with the big arrow pointing to the American Legion Post. He thought a cold "beverage" might be in order and maybe he might be able to talk. Talk to people who have 'been there'. He pulled his car into the lot, parked, and walked up to the door. It seemed pretty quiet and there was only one car in the lot besides his.

The young veteran knocked on the door. He didn't hear anything stirring, so he knocked again, but this time harder. Still, no answer. It was then that he saw the sign in the window - "For Sale". There was no one there. There was no one to talk to, no one who would understand how it feels to come home and have home feel so very different, because you are so very different. There was no one 'home'.

Dan Eubank, Legion Membership Chair, Matt Peters, SAL Membership Chair, and I are pooling our considerable resources to renew and recruit members into this great organization. With more, and more, young Americans being asked to serve in the defense of freedom and democracy, we, the Legion family, must continue in our call to service. Can you imagine if we had more volunteer hands to help, how many more new veterans we could welcome home and how many more senior veterans we could visit or invite for Thanksgiving dinner.

We can not accomplish the mission of the Legion through our support as Auxiliary members, if our membership is not sustained.

Renew your membership as soon as you can. Super seniors (our members over 60 years old) can renew membership for the discounted dues of \$15.00. Regular seniors can renew for \$20.00, and our daughters can renew their junior dues for \$5.00. And think about this - when you renew your dues, perhaps your Starbucks buddy, your golf buddy, your church sisters or your slug line riders might want to join too. All you need to do is...ask.

And remember Legionnaires, your Mother, your wife, your daughter and son might really enjoy volunteering at the Post home too. After all, they're a military family. They're use to helping "their own" as they did so many times while you were away.

If you have any questions, feel free to email me at dcabot@yahoo.com or leave me a message at 703-965-3652. Or just ask an Auxiliary member. They'll know. They always do.

From the Chaplain:

"Let each one give as he purposes in his heart, not grudgingly or under compulsion, for God loves a cheerful giver" (II Corinthians 9:7)

God has set up a system to bless and prosper us; it's the system of sowing and reaping. When we give, God promises that blessings will come back to us in greater measure. Just like sowing a seed in the ground produces an abundant harvest, when we sow by giving, we will reap a harvest of blessings in our lives in return. Notice in the verse that God is concerned more about how we give than what we give. He loves it when we give with a cheerful heart because that shows that we are trusting in His promises. It shows that we love Him and love following his commands. Once we understand that God wants to bless us, we can't help but give with a cheerful heart! Let us meditate on His blessings today and allow that joyful attitude to rise up in our hearts. Be a cheerful giver today, it does not need be a financial gift, it may be a word, a hug or just a smile that is needed by a stranger, co-worker, or relative but as we cheerfully give be ready and expect His increase and blessings in every area of our lives.

Should any one need to reach me my e-mail is burgesscable@aol.com and my cell number is 703-901-1321. Please inform me if you know of any member or their immediate family of being ill so I may send our prayers and blessings, or of any one just wanting or needing an extra prayer.

Yours in Faith
Scott F. Burgess, Chaplain

“2009 Membership Renewal & Recruiting; Are You an Early Bird?”

By Daniel Eubank, Post 364 Membership Chairman

The American Legion Department of Virginia is holding a drawing for all of you “Early Bird” members that renew before Nov. 11, 2008. Please take the time to send in this form for a chance in the drawing for an American Legion Paid-up-for-Life (PUFL) Membership.

I renewed my 2008 American Legion Membership. Please enter me in the drawing for a free Paid-Up-For-Life Membership.

Name: _____ **Membership #** _____

Address: _____

City/State/Zip: _____

Telephone #: _____

Post #: _____

Mail to: **PUFL Drawing**
The American Legion, Dept of Va
1708 Commonwealth Ave
Richmond, VA 23230

The American Legion Department of Virginia is holding a drawing for all of you members that have accepted the “Recruit One” challenge and have recruited one new American Legion member for 2009 before December 31st 2008. Please take the time to send in this form for a chance in the drawing for an American Legion PUFL Membership.

I recruited a new Legionnaire. Please enter me in the drawing for a free Paid-Up-For-Life Membership.

New Member: _____ **Membership #** _____

Recruiter: _____ **Membership #** _____

Address: _____

City/State/Zip: _____

Telephone #: _____

Post #: _____

Mail to: **New Member Contest**
The American Legion, Dept of Va
1708 Commonwealth Ave
Richmond, VA 23230

Thanks to all of you and good luck in the Department of Virginia drawings.

August 2008 American Legion Post 364

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------------------------------|----------------------------------|---|-----------------------------|--------------------------|---|-----|
| | | | | | 1 5:30 – 7:30 PM Post Dinner | 2 |
| 3 2:00 PM BINGO Team 7 | 4 7:15 PM BINGO Team 8 | 5 Executive Meeting 7:30 PM | 6 Boy Scouts 7:00 PM | 7 | 8 5:30 – 7:30 PM Post Dinner | 9 |
| 10 2:00 PM BINGO Team 1 | 11 7:15 PM BINGO Team 2 | 12 Auxiliary Executive 7:30 PM | 13 Boy Scouts 7:00 PM | 14 | 15 5:30 – 7:30 PM Post Dinner Karaoke | 16 |
| 17 2:00 PM BINGO Team 3 | 18 7:15 PM BINGO Team 4 | 19 Membership Meeting 7:30 PM | 20 Boy Scouts 7:00 PM | 21 Cub Scouts 7:00 | 22 5:30 – 7:30 PM Post Dinner | 23 |
| 24 2:00 PM BINGO Team 5 | 25 7:15 PM BINGO Team 6 | 26 Auxiliary Membership Meeting 7:30 | 27 Boy Scouts 7:00 PM | 28 | 29 5:30 – 7:30 PM Post Dinner Slim Fellows | 30 |
| 31 2:00 PM BINGO Team 7 | | | | | | |

September 2008 American Legion Post 364

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------------------------------|----------------------------------|---|-----------------------------|---------------------------------|--|-----|
| | 1 7:15 PM BINGO Team 8 | 2 Executive Meeting 7:30 PM | 3 Boy Scouts 7:00 PM | 4 Junior Shooter 7:00 | 5 5:30 – 7:30 PM Post Dinner | 6 |
| 7 2:00 PM BINGO Team 1 | 8 7:15 PM BINGO Team 2 | 9 Auxiliary Executive 7:30 PM | 10 Boy Scouts 7:00 PM | 11 Junior Shooter 7:00 | 12 5:30 – 7:30 PM Post Dinner | 13 |
| 14 2:00 PM BINGO Team 3 | 15 7:15 PM BINGO Team 4 | 16 Membership Meeting 7:30 PM | 17 Boy Scouts 7:00 PM | 18 Cub Scouts 7:00 | 19 5:30 – 7:30 PM Post Dinner Karaoke | 20 |
| 21 2:00 PM BINGO Team 5 | 22 7:15 PM BINGO Team 6 | 23 Auxiliary Membership Meeting 7:30 | 24 Boy Scouts 7:00 PM | 25 Junior Shooter 7:00 | 26 5:30 – 7:30 PM Post Dinner | 27 |
| 28 2:00 PM BINGO Team 7 | 29 7:15 PM BINGO Team 8 | 30 | | | | |

Post 364 Calendar 2008-2009

Assumptions:

Bingo Every Sunday 2 PM and Monday 7:15 PM throughout the year.

Executive Meeting on the first Tuesday and Membership Meeting on the third Tuesday of each month at 7:30 PM

Auxiliary Executive Meeting on the second Tuesday and Auxiliary Membership Meeting on the fourth Tuesday of each month at 7:30 PM

SAL meeting third Sunday of each month at 6:00 PM
USMVMC 2nd and 4th Sunday of each month 6:00 PM
Post Dinners on Friday evenings in the hall 5:30 PM to 7:30 PM

Boy Scouts on Wednesday evenings each week at 7:00 PM

Junior Shooters on all Thursdays but the third at 7:00 PM with no meetings in July and August

Cub Scouts on the third Thursday of each month at 7:00 PM

Calendar:

July 4th Parade & Picnic July 4, 2008

Dept Convention July 10 – 13, 2008 Fairview Marriott in Falls Church, VA

American Legion Department College Aug 8-10, 2008
Back Pack/School Supplies distribution – August 23, 2008

Labor Day Picnic - September 1st 12 PM to 4 PM

POW/MIA Recognition Day Ceremony - September 19, 2008 at 6:00 PM

Department Fall Golf Tournament October 17, 18, 19, 2008

Post Cleanup - Oct 18, 2008 at 0800 AM

Fall Department Conference – October 31- November 2nd 2008 in Hampton, VA

Halloween Party for Children 11 AM to 2 PM – October 25, 2008

Halloween Party for Adults – evening October 25, 2008

Auxiliary Poppy Distribution - November 8, 2008

Ceremony at Quantico National Cemetery 11 AM, November 11, 2008

Veterans Day, Post Lunch 12 PM – November 11, 2008

Post 364 Blood Drive - November 15, 2008

Operation Turkey Food Distribution - November 20-22nd 9am to 1pm (Will pick one or two days)

Seniors Thanksgiving Dinner at Post – November 22, 2008 1 PM to 4 PM

Thanksgiving Day Dinner at Post - November 27, 2008

Toys for Tots –December 6, 2008

December 13th - Children's Christmas Party 11 AM to 2 PM

Legion & Auxiliary Joint Meeting / Christmas Party - Dec 16th

New Year's Eve Dinner Dance – December 31, 2008

Post Oratorical Contest January 10th, 2009 12 PM

Auxiliary Americanism Dinner Feb 6th, 2009

Landstuhl Hospital Care Dinner and Valentines Day Dance (Aux Dinner) – Feb 14, 2009

Girls State Interviews – February 21st, 2009

Broger Bowling Tournament – February 21st, 2009

Mardi Gras – February 28th, 2009

Boys State Interviews Post 364 – March 7th, 2009

Boys &/or Girls State Interviews Snow date - March 14th

Department Spring Conference March 20-22nd Virginia Beach

Post 364 Blood Drive – April 4th, 2008

Children's Easter Party - April 11, 2009

Auxiliary Atlantic City Bus Trip - April 18th, 2009

Post Cleanup – 0800 AM April 25, 2009

Bingo Workers Appreciation Dinner May 15, 2009

Post 364 Officer Elections – May 19th, 2009 7:30 PM

Memorial Day Picnic at McGuire Veterans Hospital – May 23rd

Auxiliary Poppies Distribution – May 23th, 2009

Ceremony at Quantico National Cemetery 11 AM – May 25, 2009

Memorial Day Picnic at the Post – May 25, 2009 at 12 PM

Auxiliary Officer Elections – May 26th, 2009 7:30 PM

Commander and Presidents Appreciation Picnic June 13th, 2009 at 12 PM

Flag Day Ceremony – June 14th, 2009 5:00 PM

Post 364 Officer Installation – June 27, 2009

The following items have tentative or unknown dates:

Auxiliary Atlantic City Bus Trip - TBD

Prince William County Regional Chamber of

Commerce Annual Valor Awards – last week of March or first week of April 2009

Department Spring Golf Tournament 27, 28, 29, March 2009

Killer Bee/Guppy Tournament(s)

THE AMERICAN LEGION POST 364

Proudly presents:

Slim Fellows

Piano Bar - 6:30 - 8:00

Dinner (\$5 - \$10 - Steak Night)

5:30 - 7:30

After dinner:

SLIM FELLOWS & THE RAMBLERS
(Blues, Jazz & Rock)

9:00 - 12:00

\$5 admission - first drink free

August 29, 2008

Sunday Sales start 1:00

BINGO TEAMS

Monday Sales start 6:15

Warren DiPerna Bingo Manager - 571-239-7556

Team 1, 2 Bingo Manager, Daniel Eubank 240-993-6916

Team 3, 4 Bingo Manager, Ed Graham 804-301-3610

Team 5, 6 Bingo Manager, Harley Horner 202-345-1316

Team 7, 8 Bingo Manager, Scott Burgess 703-901-1321

| | | | |
|--|--|--|--|
| <p>Team 1 SUN Bob Fitzgerald (TC) 540-379-4664 Renee Beck (C) 540-226-9530. Denise Galligan 703-339-7404 Sy Horowitz 703-670-8325 Marty & Ray Rhyne 703-221-4848</p> <p><i>Addie Horowitz 703-670-8325</i></p> | <p>Team 2 MON Dan Eubank (TC) 240-993-6916 Raye Ferrington (C) 703-924-1150 Randy Bower 703-494-1910 Anne Bower 703-494-1910 VACANT</p> <p><i>Barbara Stevenson 703-670-8750</i></p> | <p>Team 3 SUN Dan Condon 703-919-6227 Jack Roach (C) 703-901-2815 Meryl Bevenour 703-897-0398 Chris Thomaidis 703-232-0956 VACANT</p> <p><i>Kathy Roach 703-901-2815</i></p> | <p>Team 4 MON Gary LaPore (TC) 703-303-0759 Ed Graham (C) 804-301-3610</p> <p>Mel McGee 703-472-9157</p> <p><i>Barbara Stevenson 703-670-8750</i></p> |
| <p>Team 5 SUN Matt Peters (C) 703-680-047 Thom Karlson 703-730-2172 Adrian Petrescu 703-590-1032 Doug Caskey 703-897-1140</p> <p><i>Dianne Clark</i></p> | <p>Team 6 MON Raye Ferrington (TC) 703-924-1150 Pete Turner (C) 703-680-3068 Laura Horner 703-878-2131</p> <p><i>Barbara Barnes 703-670-0753</i></p> | <p>Team 7 SUN Cal Albers(TC) 703-670-9815 Scott Burgess (C) 703-901-1321 Harley Horner 202-345-1316</p> <p><i>Mary DiPerna 571-239-7555</i></p> | <p>Team 8 MON (TC) Karen Monk (C) 703-791-6401 USMV USMV USMV</p> <p><i>Vacant</i></p> |

**The American Legion
 Woodbridge Post 364
 P.O. BOX 2121
 Woodbridge, VA 22195
 (703) 494-4304**

NONPROFIT ORG
 U.S. POSTAGE PAID
 WOODBRIDGE,VA
 22192
 PERMIT NO. 10

Friday Night Dinner
5:30 – 7:30

All specials are \$8.00, except Steak \$12.00.

Regular Menu consists of the following:

| | |
|-------------------|--------|
| Beer Battered Cod | \$8.00 |
| Butterfly shrimp | 8.00 |
| Scallops | 8.00 |
| Spaghetti | 6.50 |
| Steak | 12.00 |
| Hamburger w/FF | 4.00 |
| Cheeseburger w/FF | 5.00 |

Choice of Baked Potato or French fries
 Choice of veggie
 Salad Bar

Child's menu:

| | |
|----------------------|---------|
| Spaghetti | \$3.00 |
| Wing Dings w/FF | \$ 3.50 |
| Chicken Tenders w/FF | \$ 3.50 |

Post Lounge



Hours of Operation

Sat----- 2:00 PM - 1:00 AM
 Sun----- 12:00 PM - 10:00 PM
 Mon----- 3:00 PM – 11:00 PM
 Tues -Thu-- 3:00 PM - 10:00 PM
 Fri----- 3:00 PM - 1:00 AM

FRIENDLY HOUR

Monday Thru Friday
3:00 - 7:00

Directions to Post Home

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2nd Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner)

to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1st street on right)

Turn Right on Friendly Post Lane

Welcome to our Post Home