



# The American Legion Woodbridge Post 364

## POST-O-GRAM MARCH 2007

“The Friendly Post”  
3640 Friendly Post Lane  
PO Box 2121  
Woodbridge, VA 22195  
(703) 494-4304  
Web page: [www.vapost364.org](http://www.vapost364.org)  
Editor: Harley Horner



Post Commander  
Billy Moriarity  
Auxiliary President  
Raye Ferrington  
SAL Commander  
Matt Peters

### 16<sup>th</sup> District Oratorical Contest



Pictured Left to Right: Andrew Fortanbaru, Anastasia Moore, Rebecca King, Isaac Goff, Khadijatu Rahim, Samantha Boyd, and Rachel Rhodes.

On 3 February, 2007, seven High School Students competed in the 16<sup>th</sup> District Oratorical Contest. Rachel Rhodes sponsored by Post 72 from Liberty High School won the Competition. Isaac Goff sponsored by Post 364 who is home schooled was the First Runner up.

The contestants gave an eight to ten minute prepared speech on the United States Constitution. Additionally, each contestant was required to give an impromptu three to five minute presentation, for which they only had five minutes to prepare. 5 Judges were on hand to evaluate the contestants in content and speaking skills.

The purpose of The American Legion's National High School Oratorical Contest is to develop a deeper knowledge and appreciation of the Constitution of the United States on the part of high school students. Other objectives of the contest include the development of leadership qualities, the ability to think and speak clearly and intelligently, and the preparation for acceptance of the duties and responsibilities, the rights and privileges of American citizenship.

Congratulations to the contestants and the 16<sup>th</sup> District Chairperson, Laura Horner for a successful Contest.

<b>HOME OF:</b>			
<b>Past National Commander</b> Butch Miller 1998-1999	<b>Department Commander</b> Jerry Howard 2006-2007	<b>Department President</b> Marcia Wheatley 2006-2007	<b>Past National Vice Commander</b> Bob Bowen 1997-1998



**Commander**  
Billy Moriarity

Hello my fellow Legionnaires. I hope that everyone made it through last months ice storms and cold weather okay and look I'm looking forward to spring. Spring brings several more of our Legion programs including Boys State, which we will be, conducting interviews this month at the post home. If anyone is interested in assisting with these interviews please call the post and let me know.

I would like to again Thank Thom Karlson for all of this efforts as the Acting Club Manager for the post. Thom continues to do an outstanding job ensuring that there are functions going on at the post and also did a great job keeping the post functioning without any down time during the break in of the building last month. Thanks Thom.

It is also the time of year for me to appoint a Nominating Committee to recommend individuals for positions of Commander, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Vice Commanders as well as the several other elected positions and numerous positions as Committee Chairman. I have appointed Ed Graham, Dan Eubank and Terry DeSpain as this year's committee. If anyone is interested in running for any of these positions please contact one of the members and let them know.

We are very close to 100% membership for this legion year and I would like to thank everyone who has renewed their membership. If you haven't renewed we could sure use your support and would encourage you to renew for 2007. Our veteran's programs and community activities benefit greatly due to our numbers in membership.

If you would like to assist in any other legion program please let me know also we would be more than happy to have you on board and get involved in the programs that support our veterans as well as the community.

God Bless the American Legion.

## Volunteers of the Month

This month's volunteer of the month is Ed Graham. I would like to thank Ed for his volunteer hours and support around the post over the last month in assisting the Club Manager in meeting contractors and workers at the post home to work on things that were broken or destroyed during the break in of the post home last month. Ed has always continued to support the bingo teams as a caller and puts in numerous hours of volunteer time working with the Junior Shooters program and also assisting in VA cases for our veterans. So please join me in congratulating Ed as the Volunteer of the Month.

## John Broger Bowling Tournament

The 25th anniversary of the John Broger Memorial Bowling Tournament will take place on the 21 April 2007 at Bowl America Lanes.

The tournament will start at 1:00 P.M. Registration of teams will begin at 11:30 A.M. in the nursery.

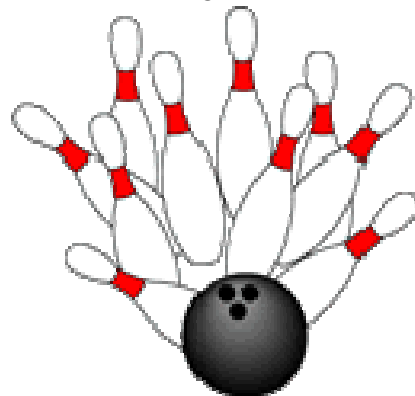
If your team members are bowling in a league, their last year's average will be used. If they are currently bowling in a league, the average after 21 games will be used.

Team rosters will be free form as in past tournaments. Handicap will be 90% of 210.

Team rosters will be turned in no later than 13 April 2007. Cost of bowling to include trophies, engraving, and a Commemorative Coin for all those participating in the tournament is \$25 and an additional \$5 for the Spaghetti dinner for a total of \$30.

Application can be sent to me E-mail at: GJC01@aol.com.

Or mail to George J Chakurda  
11970 William and Mary Circle  
Woodbridge, Va. 222192



# Country & Western Dance

March 10, 2007  
8:00-12:00



Put your cowboy & cowgirl hats and boots on and  
come and step with the  
American Legion Auxiliary Unit 364

You will be Glad you did

Tickets will go sale at the Bar



\$7.00

Finger foods will be served

# Virginia Girls State

Dianne Cabot, Unit Chair

Virginia Girls State, created in 1946, provides rising high school seniors the opportunity to live together as self-governing citizens and to inform them about the duties, privileges, rights, and responsibilities of American citizenship, in order that they may understand and participate in the functioning of their government. The program is sponsored by the American Legion Auxiliary in cooperation with other civic and school groups.

Young women apply to the Auxiliary to attend Virginia Girls State through their local high schools with the help of principals, teachers and guidance counselors. Eligibility requirements are that the young women must be female, rising seniors. The Auxiliary works with the high schools to provide them with the appropriate applications and referral processes. Applications are submitted to the high schools near the end of the calendar year and completed applications are then subsequently collected for review in February of the applicable year. Eligible candidates are then interviewed by panels of Auxiliary and Legion members in late February or early March. All eligible candidates are interviewed and scored, in order of importance on the following personal characteristics:

- Leadership
- Initiative
- Character
- Scholarship
- Cooperation
- Honesty
- Physical Fitness

Virginia Girls State is held annually on the campus of Longwood University in Farmville, VA. ALA Unit 364 sponsored 12 delegates to Girls State from the following 5 high schools: Woodbridge Senior High School, Gar-Field Senior High School, Forrest Park Senior High School, CD Hylton Senior High School and Freedom Senior High School. The ALA Unit 364's sponsorship includes the payment of the tuition fees for each delegate (\$240) plus the cost of transportation. Tuition includes room and board, food and all activities related to the week-long session. There are special activities and classes such as: women in government, judiciary, public speaking, public service, newspaper publishing, parliamentary procedure, activism in art, chorus, band and several athletic activities

In 2006, ALA Unit 364, sponsored 12 girls from the 5 local high schools.  
Girls State Delegates were:

- Woodbridge SHS: **Arielle Brown, Alyssa Smith, Lea Mitchell**
- Gar-Field SHS: **Sinfan Kaur, Noor Al-Huda Mehdi, Kennita Ballard**
- Forrest Park SHS: **Sarah Owermohee, Erin Caskey**
- CD Hylton SHS: **Dei Nikoi, Grace Adjei, Katherine Phetumphure, Sarah Boliva**

This year's activities included an address from Virginia Governor Tim Kaine, a special address by Tony Lineberry who speaks about seat belt safety and a visit from some members of the Virginia House of Delegates on Friday, June 23. At Girls State, two delegates and one alternate are chosen to go on to Girls Nation, a continuation of the Girls State session, with a concentration on national government.

Interviews for the June 17 – 23, 2007, session will be held at the Post home on Saturday, March 17<sup>th</sup>, beginning at 9:00am. If you know an interested Junior girl, please have her contact her high school Guidance Counselor, or a member of Unit 364's Executive Team.

Girls State Interviews will be held on Saturday, March 17<sup>th</sup> instead of March 10<sup>th</sup>.



**Auxiliary President**  
Raye Ferrington

Let's hope the ol' sayin' 'March comes in like a lion, and goes out like a lamb' is true this year. We've had a very late start to winter but I hope that just means that it'll be shorter than usual ! I hope March finds everyone well, warm and dry.

February was a short month, but we were busy and accomplished a lot of good things. I understand the Valentine's Day dance was a wonderful success. I wish I could have been there. My thanks to Laura for organizing it and for everyone who helped decorate and attend. Thanks to Laura and Kara for their delicious contributions to the Auxiliary Thursday night dinners in February. The dinners have been such a wonderful effort from everyone. They are TOTALLY enjoyed by the members and have provided an incredibly big boost to our finances. Barbara's Americanism dinner was outSTANDING and the Killer Bee tournament was a HOOT ! It was SO much fun that Laura is considering doing another one later this year...so stay tuned for details in the coming months. We want an even BIGGER turnout than we had this time. My thanks to Commander Billy for being our coordinator on that one and to Barbara Stevenson and Marcia Wheatley for being our 'Guppy Girls'.

Although not a Unit 364-sponsored event, I would like to recognize a number of our members for their support of the Landstuhl Hospital Care Project (LHCP) benefit on Saturday, February 24. Sherry, Kat, Marcia and Karen Monk provided a great deal of support to that event and we are proud that they were there to make this benefit such a wonderful success. LHCP is a non-profit organization that provides comfort and relief items for military members who become sick, injured, or wounded from service in Iraq, Kuwait, and Afghanistan. Donated items are distributed to military patients at Landstuhl Regional Medical Center (LRMC)

in Germany, the largest American military hospital outside the U.S. and to field hospitals in Afghanistan and Iraq. It is an extremely important program and I am proud that our Unit was there in such great numbers to help. In addition to those that helped with organizing and executing the benefit, dozens of our members were there to support the project and enjoy the delicious spaghetti dinner. For more on LHCP, go to [www.landstuhlhospitalcareproject.org](http://www.landstuhlhospitalcareproject.org).

So, what's goin' on in March ?? Lots ! We have Girls' State interviews on Saturday, March 17 (see Dianne's Girls' State article in this issue), and the country dance on Saturday, March 10. Don't miss the country dance ! It's going to be FUN !. We'll have country line dancing instruction, a DJ and all manner of heroes and villains in costume. One mis-step and you will find yourself in the pokey ! ...and it will cost you to get out ! We'll have a sheriff, deputies, a hangin' judge, saloon girls and probably a cattle rustler or two. Tickets are \$7.00 and are already on sale at the Post lounge. Do NOT wait to get your tickets ! They are going fast and this event is very likely to sell out quickly. Bring your six-shooters, 10 gallon hats and sarsaparilla.

What else ? The Legion and Auxiliary are organizing a joint Jeopardy Tournament ! Tentatively scheduled for late April, this is going to be SO much fun. We're going to have a series of elimination rounds and will probably occur over a couple of Saturday nights, depending upon how many contestants sign up for this. Look for details in next month's issue, but there will be cash prizes awarded to the winner(s).

Don't forget about our Thursday night dinners. Unfortunately I did not get the menu lined up in time to publish it, but I know that we will have some delicious meals coming your way. \$5 for all you can eat, including dessert. It's a fantastic bargain, excellent food and 100% of the money goes to Auxiliary projects.

As always, we need a couple of Auxiliary members to round out our bingo teams. I am in need of someone to cover Teams 3 and 7 on Sunday afternoons and Team 4 on Monday evenings. If you are interested in helping us help our Veterans by volunteering for a bingo team, please let me know. The commitment is only a couple of hours a month and this income is so vital to us.

My best to everyone. Keep up the good work !

## **Fisher House Project**

"The Fisher House™ program is a unique private-public partnership that supports America's military in their time of need. The program recognizes the special sacrifices of our men and women in uniform and the hardships of military service by meeting a humanitarian need beyond that normally provided by the Departments of Defense and Veterans Affairs.

Because members of the military and their families are stationed worldwide and must often travel great distances for specialized medical care, Fisher House™ Foundation donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most stressful times - during the hospitalization for an unexpected illness, disease, or injury.

There is at least one Fisher House™ at every major military medical center to assist families in need and to ensure that they are provided with the comforts of home in a supportive environment. Annually, the Fisher House™ program serves more than 8,500 families, and have made available more than two million days of lodging to family members since the program originated in 1990. Based on a comparison of fees at a Fisher House™ (the average charge is less than \$10 per family per day, with many locations offering rooms at no cost) with commercial lodging facilities in the same area, it is estimated that families have saved more than \$60 million by staying at a Fisher House™ since the program began."

Above is a re-print from the Fisher House website.









Fisher Houses are located on the campus of 33 military and veterans medical centers, offering families the chance to stay as close as possible to loved ones requiring hospitalization for illnesses, wounds, or other injuries. Since the first Fisher House opened in 1990, more than 1,500,000 days of lodging have been extended to families of veterans, active duty personnel, or family members receiving treatment at military and veterans medical centers

Each year, each Department President chooses a 'special project' for which she solicits and, in turn, receives, support from the Units within the Department. The Fisher House is the Department of Virginia President Marcia Wheatley's special project this year. As such, the Units within the Department are encouraged to assist the Department President by bringing awareness to her special project and conducting Unit-related projects that support the goals of her special project.









Fisher House Foundation has received acceptance of a proffer to build a 21-room Fisher House on the grounds of the Hunter Holmes McGuire VA Medical Center and will begin design work in the near future. Marcia is working hard to make this a reality with this year's Department of Virginia Special Project. The Unit is helping. We recently hosted our first ever Killer Bee Tournament on February 2 to benefit the President's Special Project. It was a tremendous success, a lot of fun, and provided much-needed funds for an extremely important project.

Anyone interested in donating to the President's Special Project or helping with fundraising events for this project, please contact Dianne Cabot, Raye Ferrington or Marcia Wheatley.

# March 2007

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Sunday Sales start 1:00

Paul Leidy - 703-791-6786

**BINGO TEAMS**

Monday Sales start 6:15

Warren Diperna - 571-239-7556

<p><b>Team 1 SUN</b>                  Bob Fitzgerald (TC) 540-752-5390                  Larry Kiser (C) 703-392-8705                  Marty Rhyne 703-221-4848                  Denise Galligan 703-339-7404                  Thom Karlson 703-730-2172                  Ray Rhyne 703-221-4848                  Dan Condon 703-919-6227</p> <p><i>Sherry Karlson 703-730-2172</i></p>	<p><b>Team 2 MON</b>                  Paul Leidy (TC) 703-791-6786                  Raye Ferrington (C) 703-924-1150                  Sy Horowitz 703-670-8325                  JoAnne Leidy 703-791-6786                  Dan Souza 571-264-2171</p> <p><i>Addie Horowitz 703-670-8325</i></p>	<p><b>Team 3 SUN</b>                  Vacant (TC)                  Dave Bird (C) 703-863-7914                  Meryl Bevenour 703-897-0398                  Jack Roach 703-901-2815                  Kasthy Roach 703-901-2815</p> <p><i>Vacant</i></p>	<p><b>Team 4 MON</b>                  Gary LaPore (TC) 703-303-0759                  Ed Graham (C) 804-301-3610                  Rob Lewis 703-851-8782                  Mel McGee 703-472-9157                  Vacant</p> <p><i>Vacant</i></p>
<p><b>Team 5 SUN</b>                  Billy Moriarity (TC) 703-590-2662                  Matt Peters (C) 703-680-0473                  Adrian Petrescu 703-590-1032                  Chris Thomaidis 703-497-2907                  Vacant</p> <p><i>Dianne Cabot</i></p>	<p><b>Team 6 MON</b>                  Raye Ferrington (TC) 703-924-1150                  Renee Beck (C) 703-472-9157                  Jay Beck 703-472-9157                  Gary Eads 703-690-1392                  Terry Despain 703-220-3992</p> <p><i>Barbara Barnes 703-670-0753</i></p>	<p><b>Team 7 SUN</b>                  Cal Albers(TC) 703-670-9815                  Barry Charney(C) 703-898-2790                  Harley Horner 703-878-8231                  Brian Cohill 703-583-6339                  Rich Olofson 703-492-0345</p> <p><i>Raye Ferrington 703-924-1150</i></p>	<p><b>Team 8 MON</b>                  Pat Crosby (TC) 703-490-0929                  David Dix (C) 703-497-7931                  USMV                  USMV                  USMV</p> <p><i>Melanie Dix 703-497-7931</i></p>

**The American Legion  
 Woodbridge Post 364  
 P.O. BOX 2121  
 Woodbridge, VA 22195  
 (703) 494-4304**

NONPROFIT ORG  
 U.S. POSTAGE PAID  
 WOODBRIDGE, VA  
 22192  
 PERMIT NO. 10

**Friday Night Dinner**  
**5:30 – 7:30**

All specials are \$8.00.

March 2<sup>nd</sup> Meatloaf  
 March 9<sup>th</sup> Crabcakes  
 March 16<sup>th</sup> Country Fried Steak  
 March 23<sup>rd</sup> Honey Dipped Chicken  
 March 30<sup>th</sup> Steak Night

Regular Menu consists of the following:

Beer Battered Cod	\$7.50
Butterfly shrimp	8.00
Scallops	8.00
Spaghetti	6.50
Steak	10.00
Hamburger w/FF	4.00
Cheeseburger w/FF	5.00

Choice of Baked Potato or French fries  
 Choice of veggie  
 Salad Bar

Child's menu:

Spaghetti	\$3.00
Wing Dings w/FF	\$ 3.50
Chicken Tenders w/FF	\$ 3.50

**Post Lounge**



**Hours of Operation**

Sat----- 2:00 PM - 1:00 AM  
 Sun----- 12:00 PM - 10:00 PM  
 Mon----- 3:00 PM – 11:00 PM  
 Tues -Thu-- 3:00 PM - 10:00 PM  
 Fri----- 3:00 PM - 1:00 AM

**FRIENDLY HOUR**

**Monday Thru Friday**  
**3:00 - 7:00**

**Directions to Post Home**

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2<sup>nd</sup> Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner)

to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1<sup>st</sup> street on right)

Turn Right on Friendly Post Lane

**Welcome to our Post Home**