

The American Legion Woodbridge Post 364

POST-O-GRAM DECEMBER 2007

“The Friendly Post”
3640 Friendly Post Lane
PO Box 2121
Woodbridge, VA 22195
(703) 494-4304
Web page: www.vapost364.org
Editor: John Scarry



Post Commander
Thom Karlson
Auxiliary President
Mary DiPerna
SAL Commander
Matt Peters

Veterans Day – a week of Homecomings, Healing and Hope

Veterans Day is not just one day in the American Legion. It's every day. But somehow, this year, it brought special meaning.

The week began with our Family Assistance Representative, Kat Higgins, sending out a call that a National Guard Unit was coming home – these were Prince William County Guardsmen. They had been away for over a year and would be arriving at Fort Belvoir 'sometime' in November. The Chaplain's wife had called and did we think we could help welcome them home? The answer came quick and to the point – “absolutely!”

As it turned out “sometime” meant in two days and with no more advance notice than that, members of Unit 364 went into action. Finger foods, water, juice boxes and desserts were donated from the Unit. Handmade *Welcome Home* signs were decorated by Loretta Palis and her two beautiful daughters - Valerie and Emily - Sherry Karlson, Mary DiPerna, Diane Clark, Diane Condon and Raye Ferrington. A call was sent out for help with gift bags and the PWC Park Authority came to our rescue donating neon Frisbees, wrist bands, souvenir pens, cups, information on the county's recreation facilities and classes, with the added bonus of discount coupons for rounds of golf – all stuffed into 250 gift bags that same afternoon. Everything we could possible stuff into two cars went up to Fort Belvoir.

The National Guard Unit came home in three separate groups. The smallest group came home on Sunday; the next group – the largest – came home on Tuesday. The final group made it home just three days ago. Raye Ferrington, Barbara Stevenson and I could only make the Tuesday homecoming. But what a sight it was. The buses had been held up for hours due to paperwork, but then word came they were finally on their way. Three luxury buses escorted from the Maryland border by Virginia State Police, sirens blaring and lights flashing, turned onto the grounds and to the waiting arms of wives, sons and daughters – some of those kids just barely old enough to remember their Dads. It was pretty dark that night and we watched this incredible scene, from the porch of the Family Center, all in

silhouette. “Daddy, daddy over here!” rang across the drill field. All of these men, their families and the Officers on duty expressed their gratitude for what “we” had done, “thank you ladies, thank you so much for doing this.” We were speechless. What we gave was so simple and so small compared to the sacrifices they have made for us. We gave, and got, so many, many hugs...

The holiday weekend was upon us. Joanne Leidy, our Unit Poppy Chairman, had contacted the Giant Supermarket at Mapledale Plaza, for permission to distribute our poppies on Saturday in honor of Veterans Day. Giant is a great supporter, so Joanne and her mighty list of volunteers including Paul, Mary DiPerna, her son Joey, Susan Herr, Raye Ferrington and Diane Clark all lent a hand. While Joanne was covering the home front, Marcia Wheatley, our immediate Past Dept of Virginia President, was up at the National Mall as Co-Chair, along with the Past Dept of Maryland President, Bonnie Lamson, for the **American Legion Auxiliary's Healing Fields**. One thousand full size American Flags, standing at attention at the foot of the Washington Monument in honor of the 25th Anniversary of the Viet Nam Memorial, *and* as a tribute to our military men and women who are currently serving our country. This tribute ran simultaneous with the 25th Anniversary Reading of the Names. Joanne Liedy sent poppies up to the Healing Fields, for Marcia.

Veterans Day is an emotional day for all of us, but this year seemed to be a bit more than usual. It was the 25th Anniversary of the Viet Nam Memorial – The Wall, as it is so affectionately called. I read an article in the Washington Post by reporter Michael Ruane who reflected in his November 7th article “*now the men and women of the Vietnam War era are gray and more than 30 years removed from the conflict. Many have jobs near the top of their fields, and, numbering 7.2 million, they make up the nation's largest veterans' group. Seventeen sit in Congress.*”

My very first visit to the Viet Nam Memorial was 12 years ago when I first moved here. It was also the first time the memories of my Grandmother reading a letter from my Uncle Bobby came flooding back to me. I was too young to understand, back in 1963. All I knew was that he was very far away. No, my Mother's youngest brother is not on that Wall. But he could have been and that alone was enough and it hit with a thud in the pit of my stomach. I've visited

many times since then and like so many others ran my fingers across so many names; names that belong to the young faces on the pictures that line the Memorial's walkway. This Anniversary – the 25th - the names were going to be read for the second time in its history. I applied for and was accepted as a 'Reader of Names'. I knew I had to do this for my Uncle Bobby, a retired Air Force Master Sergeant and my friend Raymond, a two tour Recon Grunt (his words not mine) who succumbed to the deadly symptoms of Agent Orange. Both of whom spent their time in Cambodia, a place where "we never were".

As it turned out, I had a business meeting that took me out of town. But I did fly home in time to drive up to the National Mall with Barbara Barnes on Saturday. We went to add our support to the small but hearty group who put the **Healing Fields** together. Marcia was also accepted by the Viet Nam Foundation as a Reader and we walked over with her for her time, being stopped and hugged by veterans along the way. Twice, I spoke to veterans who were clearly struggling and still couldn't understand why they got to come home and so many others didn't. They got two hugs. I saw one Dad with his two sons – dressed in uniform - Army Airborne- walk to the Wall, run his hand over a name, stand at attention and then obviously began to cry. His two sons grabbed him by the shoulders and stood there holding on to him.



Marcia asked me to join her at the podium to read her 30 names. I did join her, but all I could manage to do was stand at attention while she read, and covered my heart with my hand. We came off the stage and ran into Raider, Sport and their daughter Megan. Barb, Marcia and I managed one big hug with them, wiped our tears and headed home.

The next day was Veteran's Day. Our Color Guard was in high demand with three separate invitations to perform. Dan Eubanks, Karen Monk, Ken Killian and Adrian Petrescu started their day with the annual ceremony at Quantico National Cemetery. They joined our fellow veterans in a solemn tribute to our veterans and our military.



I met up with our Post Color Guard, Commander Karlson and Past Post Commander Ed Graham at the Summerville Senior Assisted Living Center. Adrian had another event, so Greg Phelps stepped in to carry Old Glory.

The Post had been asked to participate in their Veterans Day ceremony. PPC Graham introduced our group and called the Color Guard to order. They do such a lovely job of presenting our Colors in their full dress Legion uniforms. Very impressive. We were asked to recognize the Summerville veterans – WWII veterans all; spouses of veterans and family members. It was a wonderful ceremony, and to see all of their beautiful faces so proud of their service and yet so very humble. I thanked all of them for their service, but more importantly for being our Mothers and Fathers and teaching how to live our lives correctly.

From there I followed our Color Guard down to Veterans Park, in the Featherstone section of Woodbridge. A citizen who lives near the park had complained that their POWMIA flag was in bad shape. Park General Manager Jane England contacted our Unit and we were pleased to donate a brand new flag for the park. Barb Stevenson presented the flag on behalf of President Mary DiPerna and the Unit. Post Commander Thom Karlson assisted Ms. England in raising the new flag as Raye Ferrington, Barb and I looked on. Our Color Guard added such grace to the small ceremony. Ms. England has already begun a conversation with Commander Karlson about a bigger ceremony, next year.

It was a week filled with hope, prayers and healing. A week that many of our Post family members just did what they always do – they stepped up to answer a call. They stepped up to lend a hand. They stepped up to make a contribution to our community, to our State and to our Nation.

Oh, and Happy Veterans Day, Mom.



Commander
Thom Karlson

Post 364

COMMANDER'S ARTICLE

HAPPY HOLIDAY'S to all fellow Legionnaires. November has been a very busy month of activities at the Post and around the community. On Veterans Day we paid honor to past veterans by attending Veterans Day services at Quantico National Cemetery. Our Color Guard was among many Veterans Organizations from the region presenting the flags. Later in the day we visited and recognized Veterans at the Summerville Assisted Living Center on the Prince William Parkway., and dedicated a new POW/MIA flag at Veterans Memorial Park in Woodbridge which was donated by the Ladies Auxiliary. Special thanks to Ed Graham and Dianne Cabot for organizing these events and all the members of the Honor Guard.

On 17 November we hosted approximately 120 Senior citizens from the community for a Thanksgiving dinner at the Post. It was a great heart warming event. I personally received many thanks from our guest. We cooked 9 turkeys and 3 hams plus stuffing, rolls, salad, vegetables and dessert. Randy Bower provided the musical entertainment with an assist from Karaoke singers, The Ladies Auxiliary decorated and set the tables and served the patrons with assistance from the Juniors, Sara Callahan coordinated all the kitchen activity. The US Military Vets Motorcycle Club lent their full support and assisted in doing anything and everything needed to ensure everything went well. But the biggest thanks go out to Laura Horner for coordinating the entire event. It was a job well done by the entire Legion Family. We can be proud for providing a wonderful time for the senior citizens in our community.

December brings our annual Toys for Tots event on December 8. Each year we have averaged over 700 toys given to Toys for Tots to make Christmas special for needy children in the community. The price is \$5 and a new unwrapped toy. Cocktail hour will be gin at 6PM and dinner will be served at 7PM. There will be music and dancing as well. Tickets are on sale in the lounge. I would like to set a goal of 800 toys for this year. Please help us obtain this goal.

On 15 December we will host children from the community for a children's Christmas Party. We will have games and prizes for the children in attendance. My sources tell me Santa will be making an appearance.

Happy holidays to all.

. VOLUNTEER OF THE MONTH

My choice for volunteer of the month for November is Laura Horner. In addition to being the membership chairman Laura coordinated and hosted our annual Seniors Thanksgiving Dinner event. I know she put in many hours preparing and the event was an outstanding success. Thanks Laura for everything you do for the Post.

Toys for Tots

The Post's Toys for Tots event will be held December 8th from 6 PM until. Cost for the evening is \$5.00 and a toy. Dinner is included followed by a DJ to provide entertainment. Come on out and help out a good cause.

FREE Letters From Santa:

The C&Y Program will be providing FREE Letters from Santa for children again this year. Children just love receiving their own mail... especially from someone as magical as Santa! Each letter will be personalized for each child based on information provided from the requester. Letters can include words of praise regarding a good deed or accomplishment, offer encouragement regarding an area that needs improvement, address a loss, illness, or difficulty, references to siblings or pets, or even an explanation why a live pony will not be under the tree this year. To request a Letter from Santa for a child, send an email to GENMANUNI@AOL.COM. All information must be received by 7 December, to allow time for printing and mailing. Please include the following information:

Child's name and age

Child's address

Would you like Santa to encourage the children to go through their old toys for Mom and Dad to give to less fortunate children?

Do the children put out cookies and milk or anything for Santa or the reindeer?

Any particular toy(s) the child asked for this year that you know Santa will bring?



Auxiliary President

Mary Diperna

Hi Everyone,

Wow it is cold today.

Before I start my article for this month and let you know what the auxiliary has been doing I would like to thank all of you for all your prayers and support during Warren's surgery and his recovery. He is now doing fine and has gone back to take care of Bingo. Thank you so much Gary for stepping in and doing BINGO while Warren has been recovering. You're a very special guy.

Thank you so much Kara for a job well done at the Children's Halloween Party. Although the attendance was low all had a great time. Our Annual Children's Christmas party will be on December 15th between 11:00 and 2:00 pm please put this date on your calendar. Please bring out your family and friends children for a terrific spirit of Christmas. Kara will also be doing her Letters to Santa Claus program. Details are in the Potomac News.

November brought in many Veterans Day celebrations'. The unit participated in a moving celebration at Quantico National Cemetery remembering and honoring our Nation's veterans. We were also involved in a state wide program called the Healing Fields on the national mall over the Veteran's Day weekend. There were a 1000 full size flags flying from 6ft poles, 5x5 feet apart helping to celebrate the 25th anniversary of the Vietnam Memorial. Names were also read by members of our unit. The unit also helped with a memorial service which has not been done in quite a while at Veterans Park. We had our Commander, the park authority, our National Security chairman Barbara Stevenson, Dianne Cabot, and Post 364 Legion Color Guard. We donated a POW and MIA flag to replace the torn and shabby one that was hanging. A small honoring ceremony was held there to honor the Veterans who lived in Prince William County. At the Summerville Assisted Living home they were honoring 11 Veteran's families. They had pictures of veterans that were deceased, 3 of them from WWII. They said a few prayers, read some bios, and socialized with the seniors who were so honored for us to be a part of their day. Thank you Dianne Cabot, Karen Monk, and our own Ed Graham for making the difference in our senior's lives.

JoAnne Leidy coordinated an excellent Poppy distribution program. Many people helped promote the remembrance of our poppies and raised \$436.90 for our veterans program. Thank you JoAnne and all the people that stood out in the cold... fall day.

The unit participated in the homecoming of the 29th ID. We made posters, filled up goody bags to help welcome these Virginia Veterans back home. Thank you to everyone who

came out and helped to get things ready for these homecomings. We really enjoyed Valerie and Emily Pallis' company and all their hard work helping us to prepare for the homecoming and their wonderful posters.

Don't forget our annual Toys for Tots dinner on December 8th. The cost for that dinner is \$5.00 and an unwrapped new toy. Please remember that there are many children out there that would give anything for a new doll or a truck. Please give from your heart and come out and help make our children in our community have a Happy Holiday. We can make a difference!

Our annual joint Christmas meeting will be December 18th. There will a very short meeting followed by our pot luck dinner. Please bring your special dish to share with others. We will have a holiday gift exchange. Please bring a gift valued at no more than \$10.00. For those who have done this in the past you know just what great fun this can be.

Wow what a day our Seniors Thanksgiving Dinner turned out to be. Lots of folks working together, preparing food, setting up the hall and just trying to make the day perfect and they sure succeeded. A very special thank you goes out to Laura Horner for all her hard work. With so much help it was easy to assign positions for the helpers to do. How could we have all that great food with out our very own Sara and Mary in the kitchen, thank you for a terrific job. The entertainment was done by our own Karaoke Crooners. They not only sung, but also had our seniors up on the dance floor. There were so many smiles if you weren't there you missed a wonderful day. Another special thank you to Radar for giving one our seniors, Maria Cox her very first ride on a Harley. The look on her face was worth millions. And last but not least my heart was filled with such happiness when 5 of the hardest working young ladies got up on stage and sung three Christmas songs for our seniors. Thank you Amber, Cassie, Kamarin, Xyerra & Lyndsey. Ladies and gentlemen this is what our legion family is all about. Don't forget Post 364, we are a very special family organization.

We look forward to our Thursday night dinner continuing after the first of the year. Please continue to support this program.

Again it is time for the moment I look forward to and that is to announce the special Butterfly Volunteer of the month. From the start of my installation to the decorations that she made for our Senior Thanksgiving dinner this lady is amazing. Her heart always goes into all that she sets her mind on doing. From the Veterans weekend reading names for the 25th Anniversary of the Vietnam Wall, the Healing Fields, the Veteran's Park and Summerville Assisted Living Home, making posters for our homecoming, to filling up our goody bags, anything you ask this lady to do she is there. Not only is she active at our unit, she takes on an active involvement at the department level. She is the Department Community Service Chairman for 2007-2008. She is our very own Dianne Cabot. Thank you Dianne for being my November Butterfly.

To all of you, from Warren & I, have a very Merry Christmas and a Happy New Year.

God Bless.

Thursday Night Auxiliary Dinners

By Sherry Karlson

The Auxiliary host Thursday night dinners as a way of raising funds to help fund our programs. The cost is \$8.00 a plate with dessert included. Please join us this month we need volunteers to cook.

I will be sending out a weekly email when I know what our cooks will be making. If you would like to be included on the email list please let me know via e-mail at boydsbears@comcast.net.

Annual Community Children's Halloween Party

This year's party entertained a small, enthusiastic assortment of Halloween characters. The children enjoyed crafts, games, lunch, prizes and a great Magic Show. The kids also colored Get Well cards for the recovering troops and Walter Reed Medical Center and Happy Thanksgiving cards for our Senior Citizens. A hearty Thank You to all our helpers, especially Raye, Karen, the entire Galligan family, my special helper Jake and also to the Roaches for getting us a great deal on the pizza lunch and also picking it up.

Senior's Annual Thanksgiving Day Dinner

By Harley Horner

On 17 November, 2007, The Post 364 American Legion Family hosted its annual Senior Thanksgiving Day Dinner. Approximately 120 seniors from the local community attended this year's event, and there were about 60 volunteers to make sure they had a great time. All seniors from our community were welcome; however, specific invitations were sent to the River Run, Westminster and Summerville Senior Centers and we would like to thank them for their participation.

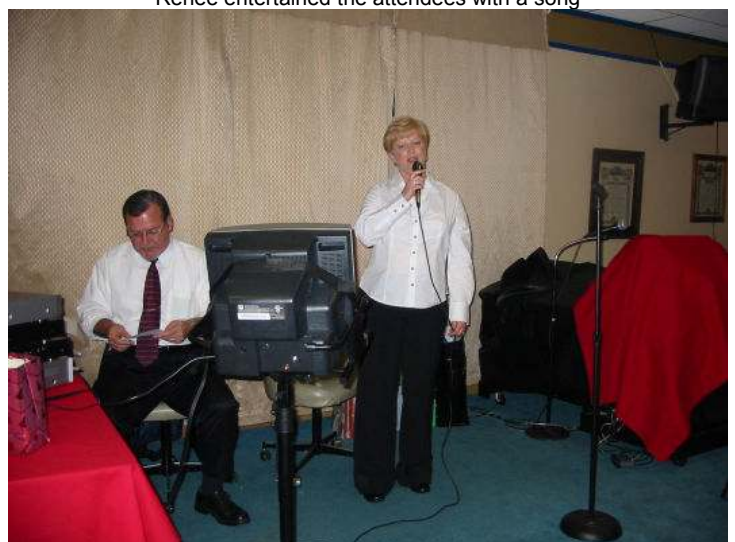
The event was kicked off with remarks from the Event Chairman Laura Horner, Commander Thom Karlson, and Auxiliary President Mary Diperna. Everyone enjoyed a traditional Thanksgiving Dinner and all the trimmings. There were several singers on hand to do some entertaining. Those in attendance had the opportunity to sing and dance. Several door prizes were handed out. Each attendee received a gift bag with a special gift from the Post. One attendee requested a motorcycle ride which was honored by the USMVMC President Raider.



USMVMC President gives attendee a motorcycle ride.



First Vice Commander Laura Horner Dances with an attendee.



Renee entertained the attendees with a song

December 2007 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 2:00 PM BINGO Team 1	3 7:15 PM BINGO Team 2	4 Executive Meeting 7:30 PM	5 Boy Scouts 7:00 PM	6 Junior Shooter 7:00	7 5:30 – 7:30 PM Post Dinner	8 Toys for Tots
9 2:00 PM BINGO Team 3	10 7:15 PM BINGO Team 4	11 Auxiliary Executive 7:30 PM	12 Boy Scouts 7:00 PM	13 Junior Shooter 7:00	14 5:30 – 7:30 PM Post Dinner	15
16 2:00 PM BINGO Team 5	17 7:15 PM BINGO Team 6	18 Xmas Party Legion/ Auxiliary/ SAL	19 Boy Scouts 7:00 PM	20 Junior Shooter 7:00	21 5:30 – 7:30 PM Post Dinner Karaoke	22 Children's Xmas Party
23 2:00 PM BINGO Team 7	24	25 Closed	26 Boy Scouts 7:00 PM	27 Junior Shooter 7:00	28 5:30 – 7:30 PM Post Dinner	29
30 2:00 PM BINGO Team 1	31 Open House for 1st Responders					

January 2008 American Legion Post 364

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Boy Scouts 7:00 PM	3 Junior Shooter 7:00	4 5:30 – 7:30 PM Post Dinner	5
6 2:00 PM BINGO Team 3	7 7:15 PM BINGO Team 4	8 Executive Meeting 7:30 PM	9 Boy Scouts 7:00 PM	10 Junior Shooter 7:00	11 5:30 – 7:30 PM Post Dinner	12
13 2:00 PM BINGO Team 5	14 7:15 PM BINGO Team 6	15 Auxiliary Executive 7:30 PM	16 Boy Scouts 7:00 PM	17 Junior Shooter 7:00	18 5:30 – 7:30 PM Post Dinner Karaoke	19
20 2:00 PM BINGO Team 7	21 7:15 PM BINGO Team 8	22 Membership Meeting 7:30 PM	23 Boy Scouts 7:00 PM	24 Junior Shooter 7:00	25 5:30 – 7:30 PM Post Dinner	26
27 2:00 PM BINGO Team 1	28 7:15 PM BINGO Team 2	29 Auxiliary Membership Meeting 7:30	30 Boy Scouts 7:00 PM	31 Junior Shooter 7:00		

Post 364 Calendar 2007-2008

Assumptions:

Bingo Every Sunday 2 PM and Monday 7:15 PM throughout the year.

Executive Meeting on the first Tuesday and Membership Meeting on the third Tuesday of each month at 7:30 PM

Auxiliary Executive Meeting on the second Tuesday and Auxiliary Membership Meeting on the fourth Tuesday of each month at 7:30 PM
SAL meeting third Sunday of each month at 6:00 PM

USMVMC 2nd and 4th Sunday of each month 6:00 PM

Auxiliary Dinners on Thursday evenings in the social quarters

Post Dinners on Friday evenings in the hall 5:30 PM to 7:30 PM

Boy Scouts on Wednesday evenings each week at 7:00 PM

Junior Shooters on all Thursdays but the third at 7:00 PM with no meetings in July and August

Cub Scouts on the third Thursday of each month at 7:00 PM

Calendar:

Toys for Tots –December 8, 2007

December 15th – Christmas Trip McGuire leave 0800 from Post

Legion & Auxiliary Joint Meeting / Christmas Party - Dec 18th

December 22nd - Children's Christmas Party 11 AM to 2 PM

Bingo Cancelled – December 24th

Christmas Eve – Dec 24th Open House at Post for First Responders – food and Christmas Carols

Bingo Cancelled – December 31st

New Year's Eve Dinner Dance – December 31, 2007

Executive Meeting moved from 1 January to 8 January, 2008

Post Oratorical Contest January 5, 2008 12 PM
Auxiliary Executive Meeting moved from 8 January to 15 January 2008

Membership Meeting moved from 15 January to 22 January, 2008

Auxiliary Membership Meeting moved from 22 January to 29 January, 2008

Mardi Gras – January 18 or 19, 2008

Auxiliary Americanism Dinner Feb 1, 2008

Broger Bowling Tournament - February 9th, 2008

Landstuhl Hospital Care Dinner and Valentines Day Dance (Aux Dinner) – Feb 16, 2008

Boys State Interviews Post 364 – March 1, 2008

Girls State Interviews – March 8, 2008

Boys &/or Girls State Interviews Snow date - March 15th

Children's Easter Party - March 22, 2008 (Easter is March 23)

Department Spring Conference March 28-30th
Virginia Beach

Auxiliary Atlantic City Bus Trip - April 12, 2008

Post Cleanup – 0800 AM April 26, 2008

Bingo Workers Appreciation Dinner May 17, 2008 (maybe May 16th in conjunction with Karaoke)

Post 364 Officer Elections – May 20th, 2008 7:30 PM

Memorial Day Picnic at McGuire Veterans Hospital – May 24th

Auxiliary Poppies Distribution – May 25th, 2008

Ceremony at Quantico National Cemetery 11 IS – May 26, 2008

Memorial Day Picnic at the Post – May 26, 2008

Auxiliary Officer Elections – May 27, 2008 7:30 PM

Commander and Presidents Appreciation Picnic & Flag Day Ceremony – June 14th, 2008 12:00 PM

Post 364 Officer Installations – June 28, 2008

Dept Convention 2008 July 10-13, 2008

Fairview Marriott in Falls Church

The following items do not have known or firm dates:

Prince William County Regional Chamber of Commerce Annual Valor Awards - April

Department Fall Golf Tournament previously mid October 3 days

Department Spring Golf Tournament previously end of March 3 days

Post Golf Tournament

Blood Drive was early December

Mystery Bus Ride early October

Killer Bee/Guppy Tournament(s)

Important December Dates

8 Dec - Social quarters will be closed at 4:00 PM for the Toys For Tots Dinner

15 Dec - Social Quarters will open 1 Hour late. We are sponsoring a Blood Drive

24 Dec - Normal hours for Christmas Eve

25 Dec - Closed -- Christma

31 Dec - New Years Eve - We will be having an informal party in the social quarters. Please bring a covered dish if you wish to participate.

1 Jan - New Years Day - Normal Hours

Both the Exec and General Membership meetings for both the Legion and Women's Aux will be moved forward 1 week. Legion 2nd and 4th Tuesdays. Women's Aux 3ed and 5th Tuesday.

Sunday Sales start 1:00

Paul Leidy - 703-791-6786

BINGO TEAMS

Monday Sales start 6:15

Warren Diperna - 571-239-7556

<p>Team 1 SUN Bob Fitzgerald (TC) 540-752-5390 Larry Kiser (C) 703-392-8705 Denise Galligan 703-339-7404 Sy Horowitz 703-670-8325 Marty & Ray Rhyne 703-221-4848</p> <p><i>Addie Horowitz 703-670-8325</i></p>	<p>Team 2 MON Paul Leidy (TC) 703-791-6786 Raye Ferrington (C) 703-924-1150 JoAnne Leidy 703-791-6786 Greg Phelps 571-242-3180 Dan Eubank _____</p> <p><i>VACANT _____</i></p>	<p>Team 3 SUN Dan Condon 703-919-6227 VACANT (C) _____ Meryl Bevenour 703-897-0398 Chris Thomaidis 703-497-2907 VACANT _____</p> <p><i>Kathy Roach 703-901-2815</i></p>	<p>Team 4 MON Gary LaPore (TC) 703-303-0759 Ed Graham (C) 804-301-3610 Rob Lewis 703-851-8782 Mel McGee 703-472-9157 Vacant _____</p> <p><i>Vacant _____</i></p>
<p>Team 5 SUN Billy Moriarity (TC) 703-590-2662 Matt Peters (C) 703-680-047 Thom Karlson 703-730-2172 Adrian Petrescu 703-590-1032 Vacant _____</p> <p><i>Dianne Cabot _____</i></p>	<p>Team 6 MON Raye Ferrington (TC) 703-924-1150 Renee Beck (C) 703-472-9157 Jay Beck 703-472-9157 Gary Eads 703-690-1392 Terry Despain 703-220-3992</p> <p><i>Barbara Barnes 703-670-0753</i></p>	<p>Team 7 SUN Cal Albers(TC) 703-670-9815 Barry Charney(C) 703-898-2790 Harley Horner 703-878-8231 Brian Cohill 703-583-6339 Rich Olofson 703-492-0345</p> <p><i>Raye Ferrington 703-924-1150</i></p>	<p>Team 8 MON David Dix (TC) 703-497-793 David Dix (C) 703-497-7931 USMV USMV USMV</p> <p><i>Melanie Dix 703-497-7931</i></p>

**The American Legion
 Woodbridge Post 364
 P.O. BOX 2121
 Woodbridge, VA 22195
 (703) 494-4304**

NONPROFIT ORG
 U.S. POSTAGE PAID
 WOODBRIDGE,VA
 22192
 PERMIT NO. 10

**Friday Night Dinner
 5:30 – 7:30**

All specials are \$8.00.

- Dec 7th Honey Dipped Chicken
- Dec 14th Stuffed Pork Chops
- Dec 21st Country Fried Steak
- Dec 28th No Dinner

Regular Menu consists of the following:

- Beer Battered Cod \$7.50
- Butterfly shrimp 8.00
- Scallops 8.00
- Spaghetti 6.50
- Steak 10.00
- Hamburger w/FF 4.00
- Cheeseburger w/FF 5.00

- Choice of Baked Potato or French fries
- Choice of veggie
- Salad Bar

- Child's menu:
- Spaghetti \$3.00
 - Wing Dings w/FF \$ 3.50
 - Chicken Tenders w/FF \$ 3.50

Post Lounge



Hours of Operation

- Sat----- 2:00 PM - 1:00 AM
- Sun----- 12:00 PM - 10:00 PM
- Mon----- 3:00 PM – 11:00 PM
- Tues -Thu-- 3:00 PM - 10:00 PM
- Fri----- 3:00 PM - 1:00 AM

FRIENDLY HOUR

**Monday Thru Friday
 3:00 - 7:00**

Directions to Post Home

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2nd Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner)

to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1st street on right)

Turn Right on Friendly Post Lane

**Welcome to our
 Post Home**