



# The American Legion Woodbridge Post 364

## POST-O-GRAM MAY 2006

“The Friendly Post”  
3640 Friendly Post Lane  
PO Box 2121  
Woodbridge, VA 22195  
(703) 494-4304  
Web page: [www.vapost364.org](http://www.vapost364.org)  
Editor: Harley Horner



**Post Commander**  
**Ed Graham**  
**Auxiliary President**  
**Sherry Karlson**



**Ed Graham**  
**Commander**

I have attended the Department Spring Conference in Virginia Beach, as well as the Sixteenth District Conference in Leesburg, where fifteen of the seventeen Posts were represented. Both conferences were productive and informative and I look forward to attending the District and Department Conventions this summer.

SAL Squadron 364 is getting off to a slow start. Interim Squadron Commander Matt Peters has held monthly meetings, raised money for the Squadron and represented Squadron 364 at the Detachment Conference. Finances are up. Membership is up. Volunteerism is down. If you are a Son of the American Legion and are interested in serving your Squadron see Matt Peters, Matt Drupa, David Geary or myself.

Post 364 hosted the Second Annual Benefit for the Landstuhl Hospital Care Project on April 7. I would like to thank my good friend and SAL member, Ed Hudgins, and Legionnaire Claude Burns for donating their time and equipment to this worthwhile event. The Projects President, Karen Grimord, reported that the project raised in excess of four thousand dollars that will directly benefit wounded service members overseas. I would like to thank all those that worked hard to put the benefit together.

Spring has sprung. This means the legion year is winding down, but Post 364 is not. This is the busiest time of the year for our Executive Committee. (Legion years are like dog years.) We have clean-up day, year-end reports, picnics and other functions all coming up in the near future. So keep an eye on the Post calendar and come on out and support your Post.

Our Volunteer of the month is 1<sup>st</sup> Vice Commander Billy Moriarity. As a former membership chairman, I know first hand the struggles that are associated with this key position. In addition to membership Billy has taken on additional jobs around the Post. Congratulations Billy, and thank you.

Post 364 recently voted on our legionnaire of the year. The Legionnaire of the Year for 2005-2006 goes out to our Finance Officer and Immediate Past Commander Harley Horner. Congratulations on receiving this well deserved award.

As always, if I can be of assistance to you or your family, please do not hesitate to call me.

Respectfully yours in service

Ed Graham  
Commander Post 364

### Annual Trip to McGuire VA Medical Center

Join us on May 27 for our annual trip to visit our brothers and sisters at the McGuire VA Medical Center in Richmond. I have asked some of the old timers "How long have we been doing this?" The only answer I can get is "As long as I can remember" Some estimates say the tradition is more than 20 years old.

Many of the patients get very few visits from family and friends; this is your chance to brighten their day. We will depart the Post at 8:30 AM and convoy down to Richmond with our Motorcycle Club leading the way to spend time visiting and cooking out for the patients. Last year the Motorcycle Club paraded their bikes past the patio with the sounds of thunder roaring from their tailpipes. The residents said it was the highlight of our visit. Please consider taking a few hours from your holiday weekend and join us in thanking some of our Veterans. If you have any questions or would like to donate bake goods please call Thom or Sherry Karlson at (703) 819-8376.

# America Supports You: Group Raise \$4,400 for Hospitals Treating Wounded Troops

By Rudi Williams

The Landstuhl Hospital Care Project added \$4,400 to its coffers April 7 to buy items needed by wounded, injured and sick servicemembers at Landstuhl Regional Medical Center, Germany, and hospitals in Iraq and Afghanistan, according to Karen Grimord, the project's coordinator.

The money was raised during the "Hook & C's Karaoke" 2nd annual benefit, held here this year at American Legion Post 364. American Legion Auxiliary Unit 176 and American Legion Post 176, both in nearby Springfield, Va., donated \$2,000 and \$1,000, respectively. The Veterans of Foreign Wars Post 7916 of Occoquan, Va., also presented a \$300 check to the project.

"Last year, I was asked by Karen Grimord and Karen Monk (former president of American Legion Auxiliary Unit 364) to do a karaoke to help raise money for the Landstuhl Hospital Care Project," said Ed "Hook" Hudgins, an electric tower crane operator and member of the Sons of the American Legion. "I suggested having a cookout and karaoke and we had a good turnout at American Legion Post 162 in Lorton (Va.). We raised more than \$1,000."

In keeping with Hook's cookout idea, this year's benefit featured t-bone steaks grilled outdoors and assorted seafood dinners. There were also raffles and drawings for door prizes to raise money. The rest of the money came from personal checks from benefit attendees.

The "C" in Hook & C's Karaoke is Claude Burns, a retiree from the Washington Post security division.

This marked the fourth benefit held by the Landstuhl Hospital Care Project since Grimord and her husband Brian founded it in November 2004. "We try to provide mostly clothing items, but we've also extended to hospitals in Iraq and Afghanistan that need supplies, including bed sheets," Grimord said. "The project started supporting three hospitals in Iraq in 2005 and one in Afghanistan this year."

Pointing out that the project is an item-specific organization, Grimord said, "We don't just send whatever we can get our hands on. We send the items that they specifically want."

For example, the hospital in Afghanistan asked for bed sheets and pillows to use on litters. When patients arrive at hospitals, their clothes are ruined, stained or cut off in the treatment process. The project helps out by taking monthly orders from Landstuhl's Pastoral Services Department.

The April order includes sweatpants and -shirts, long-sleeve t-shirts, men's pajamas, ankle socks and slippers, pillows, quilts, blankets and travel-size mouthwash and toothpaste, among other items.

In addition to holding fund-raising benefits, the project pays for items with donations from American Legions, Veterans of Foreign Wars, churches and other organizations.

Grimord began seeking donations for hospitals in Iraq and Afghanistan after learning of the need from people who escort seriously wounded servicemembers from the theater to Landstuhl. She said she's always amazed when seriously wounded patients arrive at Landstuhl don't want to take any of the donated items. "Those whom we almost have to force to take something feel that their biggest responsibility is to get back to the field," she said. "They want to get back to their guys. They have a responsibility, a job that needs to be done, so they want to get back to the field. So they don't want to take any items."



*Karen Grimord, founder and coordinator of the Landstuhl Hospital Care Project, poses with Ed "Hook" Hudgins - the "Hook" in Hook & C's Karaoke, during a benefit at American Legion Post 364 to raise money to purchase items for wounded servicemembers at Landstuhl and hospitals in Iraq and Afghanistan. Photo by Rudi Williams*

"Then you have patients who know they're going to come back to the states because they injuries are so badly," Grimord said. "They don't want to take anything because they want to leave it for the next patient coming in behind them. They don't feel that they deserve to take the sweat pants, underwear, and t-shirt or winter jacket."

Grimord said she was puzzled when a wounded helicopter pilot asked her if all the items were donated, and when told, yes, he said, "These guys deserve it."

"I told him he didn't include himself, and he said, 'No,'" Grimord noted. "He said he was a 'fly boy' and that the guys and gals on the ground deserve it all. I told him that we'd lost 14 'fly boys' in two weeks and that he had the back of the ground pounders and asked him who has his back. I asked him, 'So what makes you less deserving?' "They always think someone else is more deserving," she noted.

Grimord returned to Landstuhl Jan. 17 to spend another 45 days volunteering. While there, she passed out 235 pink, red and white Valentine apes with little Xs, Os and messages of "I Love You," or, "I'm Ape for You," on them.

She also mailed 20 pillows to a hospital in Iraq en route to the airport. To her surprise, as she was waiting to pay the postage, the postmaster took out a debit card out of his wallet and paid the \$21 shipping cost himself. "He thanked us for everything we do," Grimord said.

One day, while waiting for a busload of patients that were flown from Iraq to Ramstein Air Base, Germany, the doctors, nurses, chaplains and technicians saw the bags full of little apes. When they started commenting about the apes, Grimord started passing them out.

"They stuck them in their breast pockets so the little arms were hanging out," Grimord chuckled. "When the patients got off the buses, they were greeted by all these doctors, nurses, chaplains and technicians with little apes hanging out of their pockets.....Of course, we gave apes to the patients, too."

Grimord said that during her fall visit to Landstuhl, a wounded Marine told her about his battalion needing sweats because of the cold. She got information about their sizes and arranged to send sweats for all 300 Marines, by size.

When she returned to Landstuhl in January, the Marine sent her an e-mail message asking for her mailing address because he had something to send her. "When I opened the box, there was an American flag with a note saying that it they had flown it over their camp headquarters in Iraq in my honor on Jan. 5 for the support I'd given them," Grimord said. "You don't expect that kind of thing. You don't expect anything because they're the ones doing all the work. "Every time I look at that flag," Grimord said, with tears welling up in her eyes, "it brings tears to your eyes. That's for all the guys we've lost, all the guys that have sacrificed themselves and their families. That just tells you how much this support means to them."

## Special Thanks

By Karen Monk



WOW!! What a wonderful turnout for our 2<sup>nd</sup> Annual Benefit for our wounded soldiers at Landstuhl Regional Medical Center, Germany.

A big **"THANK YOU"** to the following people:

Commander Graham for the sponsorship of this event. Hook & Claude for donating their time and equipment for a second year. Sara, Mary, Matt in the kitchen and Greg, Sy, Dale and Dan our steak grillers. Desserts were furnished by Joe & Carolyn M, Billie K. and myself. Barbara B. for taking the jello shooters around.

Raffles were provided by Karen Grimord, Sharon Buck, Sherry K. , Unit 364 and myself. Selling of raffle tickets Marcia W. and Sherry K. Thanks to all who attended this event.

## 2006 – 2007 Leadership

At the April General Membership Meeting the nominating Committee nominated the following officers for next years leadership: Commander: Billy Moriarity, First Vice Commander: Thom Karlson, Second Vice Commander: Vacant, Third Vice Commander: Jim Haffly, Finance Officer: Harley Horner, Chaplain: Jim Kesel, Sergeant at Arms Terry Despain, and three Executive Committeemen: Marty Rhyne, Warren DiPerna and Thom Karlson. There are several Committees that still need Chairmen for next year. If you are interested in serving, please contact Harley Horner, Jerry Howard, Thom Karlson or any Post Officer. Elections will take place at the May General Membership Meeting. The following positions still need to be filled: Bingo, Constitution and By Laws, Ways and Means, Law and Order, National Security, Post-O-Gram Editor, and POW/MIA.

## Annual Children's Easter Party

This year's Easter Party was attended by over 70 area children, each received bright Easter baskets, found over 1,400 eggs filled with all kinds of goodies in the egg hunt and constructed and painted really cool birdhouse and windchime crafts. A special visit by the Easter Bunny (guest Richard Jefferson) really topped of the event. While getting their pictures taken with the Easter Bunny, the children received a chocolate bunny and a stuffed Easter animal. Many thanks to Sherry, Olga, Mary, Warren, Addie, Sy, Barb, Raye, Terrance, Joy, RJ, Denise, Felicia and all of the Easter Bunny's egg hiding helpers for all of their assistance in making this year's party such a wonderful event.



The American Legion Post 364 was proud to be a Patriot Sponsor for the third consecutive year for the Prince William Regional Chamber of

Commerce's 20<sup>th</sup> Annual Valor Awards, March 30, 2006 at the Clubs at Quantico - Quantico Marine Corps Base.

The Narrator for the awards was Jim Vance of NBC4. Commander Graham, Jerry and Kathy Howard, Karen Monk and Sara Callahan from Post and Unit 364 were present for the awards.

The honorees were:

### Silver Medal 2006

Lieutenant William Hutchinson, Officer David E. Abbott, Jr of the City of Manassas Police Department Officer John E. Piersol, Prince William County Police Department

### Merit Award 2006

Officer Jay A. Gutschmidt and Officer Robert J. Davis, Prince William County Police Department, Officers Keith D. Barrett and Troy D. Parker of Town of Dumfries Police Department, Volunteer Firefighters Jeffery Lenard, Michael Lesnick and James Rose of the Manassas Volunteer Fire Company

### Bronze Medal 2006

Lieutenant Jeffrey L. Howdyshele, Technician II Carl Ericson, Lieutenant R. Lee Presgrave, and Technician I Dwight I. Atkinson, Prince Pilliam County Department of Fire & Rescue. Officer Daniel J. Crawford and Detective Joshua D. Wehmeyer, Prince William County Police Department

### Lifesaving Award 2006

Technician II William R. Smith, III and Technician II P. Jason Reese, Prince William County Department of Fire & Rescue

# Post Benefit Golf Tournament

The Team Woodbridge committee is sponsoring golf tournament on 23 June, 2006 at the Medal of Honor Golf Course, Quantico, VA with a Luau to follow at the Post Home.

Tickets to attend the Luau for non golfers will be \$10 per person. Tickets can be purchased at the Post home or call 703-494-4304 for more information.

**Tournament Sponsorships** – Proceeds from the golf tournament will directly assist the campaigns for two members of American Legion Post 364 family in their pursuit of the positions of Department Commander and Department Auxiliary President for the State of Virginia.

The American Legion Post 364 is proud to support Jerry Howard and Marcia Wheatley for these positions.

Your participation in the golf tournament as a sponsor will help reaching the fundraising goals to support these two worthy candidates.

**Tournament Co-Sponsors** \$500 cash donation (Limit 2)

Tournament sponsors receive recognition with company name on banner at registration table, tournament programs and golf tournament promotional material. Each co-sponsor receives a free team sponsorship for the tournament to include the post Luau.

**Hole Sponsors** \$100 cash donation (Limit 18)

Hole sponsors are recognized for their contribution with a sign placed near the hole during tournament play and recognition on golf tournament programs and scorecards. Each hole sponsor receives one complementary ticket to the post tournament Luau.

**Golf Cart Sponsors** \$25 cash donation (Limit 88)

Sponsorship of a golf cart provides visibility of your company name (or individual) throughout the tournament play, showing your support for the Commander and President.

**Beverage Cart Sponsors** \$200 cash donation (Limit 5)

The beverage cart is highly visible during the golf tournament. While golfers are playing, the beverage cart continuously makes its round to refurbish drinks for golfers. Golfers will see your company sponsorship many times throughout the day on the course.

**Lunch Sponsors** \$100 cash donation (Limit 5)

All golfers are provided a brunch box before the round of golf at no charge. Your company sponsorship will be displayed on signs at the registration table as well as on all marketing materials.

**Post-Tournament Luau Sponsors** \$500 cash donation (Limit 2)

Luau sponsors receive recognition for post-tournament Luau on all promotional material. Four complementary tickets to the Luau are included. On team sponsorship is also included to this sponsor.

We would like to thank each and every sponsor who contributes to the success fo this tournament and the support of these great legion family members in the pursuit of their respected positions.

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## Team Registration Form

Team Captain: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Other Team Members:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Cost of the tournament is \$75 per golfer (\$300 per team). Registration forms can be dropped off at the Post Home or mailed to the below address.

The tournament will be Scramble “Captain and Crew” Captains Choice.

Registration at 7:00 a.m.

Shotgun start at 8:00 a.m.

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### Sponsors and Golfers:

Please make checks payable to:  
American Legion Post 364  
P.O. Box 2121  
Woodbridge, VA 22195



**Sherry Karlson  
Auxiliary President**

Yea! the warm weather is here.

In this month's article I want to say to all our members, Hi, where have you been? We have many members on our roster, but where are you hiding. When was the last or first time you came to visit the post or attended a General meeting? All I am asking is if you can spare an hour or two to help out or come and support some of our many programs it will be a great benefit to us and the community. Some may cost money but the money raised helps to fund our programs that help our veterans and their families as well as our community. We, the Unit and Post need your support. If you know of someone who is eligible to be a member invite him or her to a meeting or a benefit. We now have Friday night dinners ask them to join us for a great dinner and let them see first hand.

If you have not renewed your membership please see Barbara Barnes.

On 20 May the Unit will be participating in the Relay for Life. If anyone would like to come out to support us it will be held at Forest Park High School. Our site will be spot #39 visitor side.

### **23 May come on out and vote for new officers for 2006-2007.**

Thank you for all those who attended the wonderful Easter party. Kara, great job, as well as the Easter bunny helpers( Sy, Addie, Raye, Barbara B. and the Special guest-the Easter Bunny).

Sorry to say we will not be holding Bunko due to a small group. When we have a larger amount of participants we can resume the game.

### **Community Service**

As always, the Auxiliary is continuing to accept non-perishable food for the ACTS Food Pantry. Because of the great need in other areas, such as the Hurricane victims and others, donations to the Pantry have been very slow this year. This is the reason that we have extended our normal food-collection efforts beyond the usual holiday season. We have posted a list of the items that are most needed by the Pantry in the hall and in the ounge. Donations of non-perishable food items may be made at any time, but are

particularly welcomed during bingo on Sunday afternoons and Monday evenings. Remember, bring in 3 canned good items and receive a free 'three-strip' at bingo.

American Cancer Society Relay for Life Walk-A-Thon. The Auxiliary is once again participating in the annual Relay for Life Walk-A-Thon, but THIS year, we are putting together a team of Legion, Auxiliary and SAL members to actively participate in the Relay itself. The Relay raises money to aid in cancer research and to raise cancer awareness. All proceeds from the Relay will go to benefit the American Cancer Society's Programs. We are looking for volunteers interested in participating as members of the relay team as well as persons interested in helping with the logistics and coordination of the event. Anyone can be a Relay member - you do not have to be a member of the Legion Family to participate. The Relay is being held May 20 - 21 at Forest Park High School and is a 24-hour event. All teams must have at least one person on the track at all times, so we are looking for a minimum of 12 person to participate as Relay members. So far, we have 14 people signed up, but are in need of people to help with setup and event coordination. The cost of registration is \$10pp, but the Auxiliary will pay for the Relay members' registration fees. Relay members must sign up no later than May 15 to participate. A sign-up sheet is posted in the Legion Lounge or you may contact Raye Ferrington if you are interested. Please come out and help us support the Relay for Life and the American Cancer Society.










### **Americanism**

Americanism--Please remember there are flags available for trade-in at the Post. If you have a flag that is ready for disposal, you can receive a new one in exchange. Make sure you have a great-looking flag ready to fly for our upcoming special patriotic holidays. See Barbara Barnes if you need a new flag.

### **Membership**

If you haven't renewed yet, please send your renewal in now to continue the great benefits you receive as an Auxiliary member. Dues are just \$20 for seniors (if you are over 60 it's only \$15) and \$5 for juniors (under 18). Your membership payment goes toward all our programs--helping our veterans, our children, and our community. If you feel particularly generous, you may even donate a membership for someone who might not have the funds right now. If you have any questions, contact Barbara Barnes for assistance. You can mail your membership renewal to the Unit at ALA Unit 364, P. O. Box 6424, Woodbridge, VA 22195 or just leave it at the Post in an envelope addressed to Barbara Barnes. If you have moved, please remember to inform your Auxiliary Membership Chair right away. We need to send in a change of address to National so that next year your membership renewal notice comes to the proper place. Just drop a note at the Post or mail your new address to Unit 364, P. O. Box 6424, Woodbridge, VA 22195.

# May 2006

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
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|  | <b>1</b><br>7:15 PM BINGO<br>Team 4                                  | <b>2</b><br><br>Executive Meeting<br>7:30     | <b>3</b><br><br>Boy Scouts 7:00  | <b>4</b>  | <b>5</b><br>5:30 PM - 7:30 PM<br>Post Dinner<br>Karaoke           | <b>6</b><br>Post Clean-Up<br>8:00 am                           |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| <b>7</b><br>2:00 PM BINGO<br>Team 5                              | <b>8</b><br>7:15 PM BINGO<br>Team 6                                  | <b>9</b><br><br>Auxiliary Executive<br>7:30   | <b>10</b><br><br>Boy Scouts 7:00 | <b>11</b><br>Post Reports<br>Meeting 7:00 p.m.  | <b>12</b><br>5:30 PM - 7:30 PM<br>Post Dinner<br>Pavillion Rental | <b>13</b><br>Commanders<br>Appreciation Picnic<br>12:00 - 4:00 |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| <b>14</b><br>2:00 PM BINGO<br>MMV 6:00<br>Team 7                 | <b>15</b><br>7:15 PM BINGO<br>Team 8                                 | <b>16</b><br>Elections<br>&<br>Membership<br>Meeting 7:30  | <b>17</b><br><br>Boy Scouts 7:00 | <b>18</b><br><br>Cub Scouts 7:00  | <b>19</b><br>5:30 PM - 7:30 PM<br>Post Dinner<br>Karaoke          | <b>20</b>  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| <b>21</b><br>2:00 PM BINGO<br>SAL Meeting 6:00<br>p.m.<br>Team 1 | <b>22</b><br>7:15 PM BINGO<br>Team 2                                 | <b>23</b><br><br>Auxiliary<br>Membership 7:30 | <b>24</b><br><br>Boy Scouts 7:00 | <b>25</b>   | <b>26</b><br>5:30 PM - 7:30 PM<br>Post Dinner                     | <b>27</b><br>McGuire Visit<br>8:00 am<br>Rental                |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| <b>28</b><br>2:00 PM BINGO<br>MMV 6:00<br>Team 3                 | <b>29</b><br>Memorial Day<br>Ceremony at Quantico<br>and post Picnic | <b>30</b>  | <b>31</b><br><br>Boy Scouts 7:00 | <table border="1" style="margin: auto;"> <tr><th colspan="7">Apr 2006</th></tr> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> |   | Apr 2006   |  |  |  |  |  |  | S | M | T | W | T | F | S | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |  |  |  |  |  |  | <table border="1" style="margin: auto;"> <tr><th colspan="7">Jun 2006</th></tr> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> </table> |  | Jun 2006 |  |  |  |  |  |  | S | M | T | W | T | F | S | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |  |
| Apr 2006   |  |  |   |   |   |  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| S  | M  | T  | W   | T   | F   | S  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 2  | 3  | 4  | 5   | 6   | 7   | 8  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 9  | 10   | 11   | 12  | 13  | 14  | 15   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 16   | 17   | 18   | 19  | 20  | 21  | 22   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 23   | 24   | 25   | 26  | 27  | 28  | 29   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 30   |  |  |   |   |   |  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| Jun 2006   |  |  |   |   |   |  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| S  | M  | T  | W   | T   | F   | S  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 4  | 5  | 6  | 7   | 8   | 9   | 10   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 11   | 12   | 13   | 14  | 15  | 16  | 17   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 18   | 19   | 20   | 21  | 22  | 23  | 24   |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |
| 25   | 26   | 27   | 28  | 29  | 30  |  |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |  |  |  |          |  |  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |

# June 2006

| Sunday   | Monday                               | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
|--|--------------------------------------|--|--|--|--|---|--|--|--|--|---|---|---|---|---|---|---|---|---|---|---|---|---|--|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|----------|--|---|---|
| <table border="1" style="margin: auto;"> <tr><th colspan="7">May 2006</th></tr> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td></td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table> |                                      |  |  | May 2006   |  |   |  |  |  |  | S | M | T | W | T | F | S | 1 | 2 | 3 | 4 | 5 | 6 |  | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |  |  | <b>1</b> |  | <b>2</b><br>5:30 PM - 7:30 PM<br>Post Dinner<br>Karaoke | <b>3</b><br>16th District<br>Convention Post 28,<br>9:00 a.m. |
| May 2006   |                                      |  |  |  |  |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| S  | M                                    | T  | W  | T  | F  | S   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| 1  | 2                                    | 3  | 4  | 5  | 6  |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| 7  | 8                                    | 9  | 10   | 11   | 12   | 13  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| 14   | 15                                   | 16   | 17   | 18   | 19   | 20  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| 21   | 22                                   | 23   | 24   | 25   | 26   | 27  |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| 28   | 29                                   | 30   | 31   |  |  |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| <b>4</b><br>2:00 PM BINGO<br>Team 5  | <b>5</b><br>7:15 PM BINGO<br>Team 6  | <b>6</b><br><br>Executive Meeting<br>7:30     | <b>7</b><br><br>Boy Scouts 7:00   | <b>8</b>   | <b>9</b><br>5:30 PM - 7:30 PM<br>Post Dinner             | <b>10</b>   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| <b>11</b><br>2:00 PM BINGO<br>MMV 6:00<br>Team 7   | <b>12</b><br>7:15 PM BINGO<br>Team 8 | <b>13</b><br><br>Auxiliary Executive<br>7:30  | <b>14</b><br><br>Boy Scouts 7:00<br>Flag Disposal<br>Ceremony 7:00 p.m. | <b>15</b><br><br>Cub Scouts 7:00 | <b>16</b><br>5:30 PM - 7:30 PM<br>Post Dinner<br>Karaoke | <b>17</b><br>Rental   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| <b>18</b><br>2:00 PM BINGO<br>SAL Meeting 6:00<br>p.m.<br>Team 1   | <b>19</b><br>7:15 PM BINGO<br>Team 2 | <b>20</b><br><br>Membership<br>Meeting 7:30   | <b>21</b><br><br>Boy Scouts 7:00  | <b>22</b>  | <b>23</b><br>Benefit Golf<br>Tournament -<br>MOH Course  | <b>24</b><br><br>Installation of<br>Officers |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |
| <b>25</b><br>2:00 PM BINGO<br>MMV 6:00<br>Team 3   | <b>26</b><br>7:15 PM BINGO<br>Team 4 | <b>27</b><br><br>Auxiliary<br>Membership 7:30 | <b>28</b><br><br>Boy Scouts 7:00  | <b>29</b>  | <b>30</b><br>5:30 PM - 7:30 PM<br>Post Dinner            |   |  |  |  |  |   |   |   |   |   |   |   |   |   |   |   |   |   |  |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |  |  |  |          |  |   |   |

Sunday Sales start 12: 45 Karen Monk 703-200-5430

**BINGO TEAMS**

Monday Sales start 6:00

Gary Lapore 703-303-0759

|  |   |  |  |
|--|---|--|--|
| <b>Team 1 SUN</b><br>Pete Maligranda (TC) 590-2502<br>Thom Karlson (C) 699-1233<br>Marty Rhyne 221-4848<br>Denise Galligan 339-7404<br><br>Sherry Karlson 699-1233 | <b>Team 2 MON</b><br>Dan Eubank (TC) 760-889-4085<br>Raye Ferrington (C) 924-1150<br>Greg Phelps 571-242-3180<br>Sy Horowitz 670-8325<br><br>Addie Horowitz 670-8325                    | <b>Team 3 SUN</b><br>_____(TC) _____<br>_____(C) _____<br>Jeff Cook 590-0619<br>Doris Gaub 652-4650<br><br>Mary Diperna 571-239-7555   | <b>Team 4 MON</b><br>Ed Graham (TC) 804-301-3610<br>Jim Haffly (C) 494-2393<br>John Sweeney 408-4809<br>Easton Somers 670-4063<br><br>MarryAnn Haffly 494-2393 |
| <b>Team 5 SUN</b><br>(TC) _____<br>(C) _____<br>Matt Peters 680-0473<br>Jeff Bebko 540-1482<br><br>Dianne Cabot _____  | <b>Team 6 MON</b><br>Dan Eubank (TC) 760-889-4085<br>Karen Monk (C) 791-6401<br>Gary Eads 690-1392<br>Raye Ferrington 924-1150<br>Terry Despain 220-3992<br><br>Barbara Barnes 670-0753 | <b>Team 7 SUN</b><br>Cal Albers(TC) 670-9815<br>Doris Gaub (C) 652-4650<br>Harley Horner 878-8231<br>Brian Cohill 583-6339<br>Rich Olofson _____<br><br>Cathy Carruthers _____ | <b>Team 8 MON</b><br>Pat Crosby (TC) 490-0929<br>Jim Gilbert (C) 540-937-6286<br>_____<br>_____<br><br>Melanie Dix 497-7931                                    |

**The American Legion  
 Woodbridge Post 364  
 P.O. BOX 2121  
 Woodbridge, VA 22195  
 (703) 494-4304**

NONPROFIT ORG  
 U.S. POSTAGE PAID  
 WOODBRIDGE, VA  
 22192  
 PERMIT NO. 10

**Friday Night Dinner**  
**5:30 – 7:30**

All specials are \$8.00.

May 5th Honey Dipped Chicken  
 May 12th Pork Chops/Stuffing  
 May 19th Crab Cakes  
 May 26th Steak Night

Regular Menu consists of the following:

|                   |        |
|-------------------|--------|
| Beer Battered Cod | \$7.50 |
| Butterfly shrimp  | 8.00   |
| Scallops          | 8.00   |
| Spaghetti         | 6.50   |
| Steak             | 10.00  |
| Hamburger w/FF    | 4.00   |
| Cheeseburger w/FF | 5.00   |

Choice of Baked Potato or French fries  
 Choice of veggie  
 Salad Bar

Child's menu:

|                      |         |
|----------------------|---------|
| Spaghetti            | \$3.00  |
| Wing Dings w/FF      | \$ 3.50 |
| Chicken Tenders w/FF | \$ 3.50 |

**Post Lounge**



**Hours of Operation**

Sat----- 12:00 PM - 1:00 AM  
 Sun----- 12:00 PM - 10:00 PM  
 Mon----- 3:00 PM – 11:00 PM  
 Tues -Thu-- 3:00 PM - 10:00 PM  
 Fri----- 3:00 PM - 1:00 AM

**FRIENDLY HOUR**

**Monday Thru Friday**  
**3:00 - 7:00**

**Directions to Post Home**

Take I-95 to Exit 158, Prince William Parkway

Prince William Parkway toward Manassas

Past Commuter Lot, Bear right onto Caton Hill Rd.

Turn Right onto Caton Hill to Minnieville (2<sup>nd</sup> Stop light)

Turn Right onto Minnieville to Fowke (about 200 yards)

Turn Left on Fowke (used car dealer on corner)

to Jenny Lane (Stop sign)

Turn Left on Jenny Ln to Friendly Post Ln (about 100yds, 1<sup>st</sup> street on right)

Turn Right on Friendly Post Lane

**Welcome to our Post Home**